

## Comprehensive care from our multidisciplinary team

We know that developing a healthy lifestyle takes more than surgery; it requires hard work and an integrated network of support. Our interdisciplinary team consists of a broad range of experienced and credentialed professionals committed to helping you achieve your goals and improve your health.



### Nationally Recognized Quality and Outcomes

The hallmarks of excellence in bariatric surgery centers are national accreditation and verifiable, top-tier surgical outcomes. Our program has achieved both of these recognitions.

Stony Brook has earned the highest level of accreditation for the broadest range of procedures and patients (adolescent to adult) through the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP). MBSAQIP is the only accreditation program recognized by the American College of Surgeons (ACS) and the American Society for Metabolic and Bariatric Surgery (ASMBS). This highly respected organization also compares surgical outcomes data from programs nationally — and has verified that Stony Brook's statistics far exceed national averages and, in fact, are some of the best reported in the country.



Winner — Best Bariatric Practice



## Bariatric and Metabolic Weight Loss Center

### Effective Long-Term Obesity Treatment

Surgical procedures scheduled at  
Stony Brook University Hospital  
and  
Stony Brook Southampton Hospital



Phone: (631) 444-BARI (2274)

Fax: (631) 638-1227

[bariatrics@stonybrookmedicine.edu](mailto:bariatrics@stonybrookmedicine.edu)

[bariatrics.stonybrookmedicine.edu](http://bariatrics.stonybrookmedicine.edu)

#### Convenient Locations:

Centereach • Commack • Holbrook  
Riverhead • Southampton • Westhampton



Stony Brook  
Medicine



Stony Brook Medicine



# We offer all options for weight loss:

- **Nutritional Counseling**
- **Pharmacotherapy**
- **Surgery**
  - Restorative Weight Loss Surgery

Bariatric surgery offers an important option if you need to lose significant weight or you are experiencing weight-related health problems.



**GOAL:** Lose 30-50 lbs.



**GOAL:** Lose 50+ lbs.



**GOAL:** Lose 75+ lbs.

## Smaller incisions and rapid recovery

Clinical studies demonstrate that bariatric surgery is one of the safest operations. It is performed by laparoscopic techniques that use small incisions leaving virtually no scars and allow for a rapid recovery and quick return to work.

Your surgical options may include:

- Roux-en-Y Gastric Bypass
- Sleeve Gastrectomy
- Duodenal Switch
- Balloon & Novel Procedures
- Revisional Surgeries

We ensure you receive a personal comprehensive plan to help meet your lifestyle goals, including psychological evaluation, nutritional counseling, and medication management. Regular follow-up visits are scheduled to check your overall physical and mental health, metabolism and nutritional status. Most insurance companies cover bariatric services and prior authorization is obtained for all surgeries.

## Bariatric surgery's amazing impact on health:

Weight loss surgery has an effective, long-lasting impact on weight loss and many related health problems:

- Type 2 diabetes, 83% resolved
- Hypertension, 61% eliminated
- High cholesterol, 70% reduced
- Sleep apnea, 85% eliminated
- Risk of cardiovascular disease, 82% reduced
- Asthma, 82% improved or resolved

Other diseases that can be prevented or improved include certain cancers, GERD and joint problems.

## Are you ready to live your best life?

Maybe now is the time to decide if weight loss surgery is right for you.

**Call (631) 444-BARI (2274) today for a physician referral. We're here to help you get healthy and live well!**

*Live your best life, now.*