How to Place an Order

- 1. Dial8-DINE(extension8-3463) between the hours of 7 am and 7 pm.
- 2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
- 3. Place your order. Your specially prepared meal will be served to you within 60 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

Room Number:	Date:
Name:	
Diet:	

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the
cost per meal is \$10.00 per person per meal.
Simply visit one of our food establishments
(The Market Place Café or Skyline Deli) to purchase a guest
meal card. Select your meal preference from the Distinguished
Dining Room Service Menu for Guests, and place your order
after the patient places his/her order.
Your guest meal card must be redeemed when your ambassa-

dor delivers your meals.

Explanation of Diets

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

Our staff of highly qualified registered dietitians will be happy to provide you with nutrition counseling as needed. For more information, please call 444-1433.

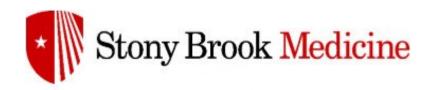
Pureed Diet

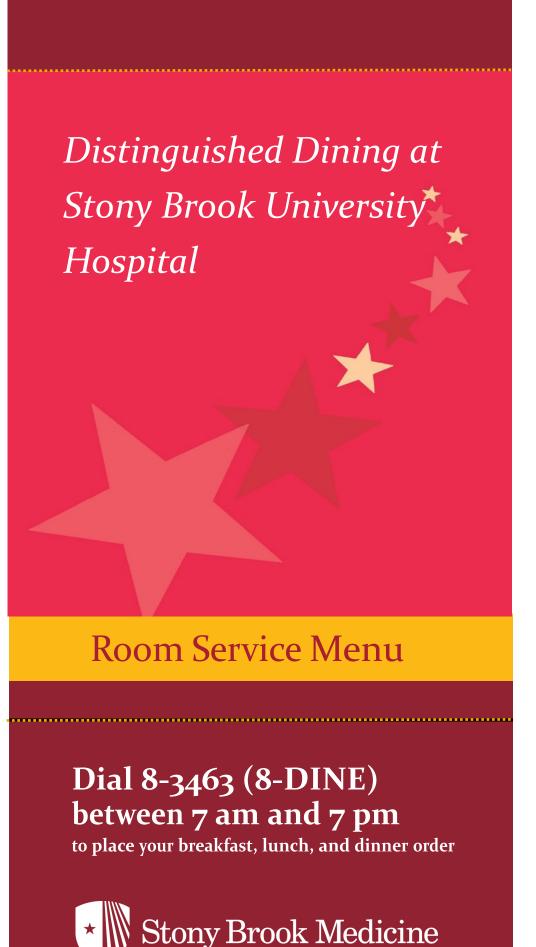
Your physician has ordered a pureed or dysphagia diet for you. Foods on these diets are prepared to a smooth texture. Additionally your physician may have ordered thickened liquids to a nectar or honey consistency.

Our Goals is to exceed your expectations. For this dedication we hope that if your receive a "**Press Ganey Survey**" we earn **5** out of **5** in your rating. If for any reason you would not rate your service a **5**, please call or contact your Ambassador right away and let us know how we can improve our service to you.

Please call 8-3463 (8-DINE) to place your meal order

4/17





BREAKFAST

LUNCH & DINNER

BEVERAGES:

Coffee: Regular | Decaffeinated

Tea: Regular | Decaffeinated | Chamomile

Fresh Brewed Ice Tea

Hot Chocolate: Regular | Sugar Free Milk: Whole | 1% | Skim | Lactaid | Soy Juice: Apple | Cranberry | Orange | Prune Soda: Ginger Ale | Diet Ginger Ale | Seltzer

THICKENED BEVERAGES:

Juice: Orange | Apple | Cranberry

Coffee: Decaffeinated

Tea: Decaffeinated | Iced Tea

Milk | Water

BREAKFAST ENTRÉES:

(Pureed)

Egg Omelet:

Waffle:

FRUITS:

Chilled Fruit: Peaches | Pears | Applesauce

CEREAL:

Oatmeal | Cinnamon Oatmeal | Cream of Wheat

YOGURT:

Plain | Vanilla

Bread (Pureed)

ENTRÉES:

(Pureed)

Chicken Francaise:

Served with White Wine Sauce

Grilled Chicken Parmesan:

Served with Marina Sauce

Oven Roasted Turkey:

Served with Gravy

Broiled Flounder:

Dressed with Garlic Lemon Herb

Home Made Meatloaf:

Served with Gravy

House Made Roast Beef with Gravy:

Lasagna:

PASTA BAR:

(Pureed)

Choice of Pasta:

Elbows | Linguini

Choice of Sauce:

Garlic & Extra Virgin Olive Oil & White Wine

Pureed Meat Sauce

Butter Sauce

Vodka Sauce

SOUP & SIDES

SOUPS:

Soups: Campbell's Cream of Tomato Lentil Soup | Pasta Fagioli

SIDES:

Choice of: Mac & Cheese | Mashed Potatoes Mashed Sweet Potatoes | Baby Carrots – Broccoli Peas | Green Beans

Bread (Pureed)

DESSERTS

Chilled Fruit: Peaches | Pears | Applesauce

Gelatin: (Regular or Sugar Free)

Strawberry | Orange

Ice Cream: Vanilla | Chocolate

Sugar Free Vanilla

Pudding: (Regular or Sugar Free)

Vanilla | Chocolate

Italian Ice: Cherry | Lemon | Orange

Low-fat Chocolate Mousse

Cheesecake