

How to Place an Order

- 1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
- 2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
- 3. Place your order. Your specially prepared meal will be served to you within 60 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

Room Number: _____ Date: _____

Name: _____

Diet: _____

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is \$10.00 per person per meal. Simply visit one of our food establishments (The Market Place Café or Skyline Deli) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order. Your guest meal card must be redeemed when your ambassador delivers your meals.

Explanation of Diets

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery. Our staff of highly qualified registered dietitians will be happy to provide you with nutrition counseling as needed. For more information, please call 444-1433.

Pureed Diet

Your physician has ordered a pureed or dysphagia diet for you. Foods on these diets are prepared to a smooth texture. Additionally your physician may have ordered thickened liquids to a nectar or honey consistency.

Our Goals is to exceed your expectations. For this dedication we hope that if your receive a “**Press Ganey Survey**” we earn 5 out of 5 in your rating. If for any reason you would not rate your service a 5, please call or contact your Ambassador right away and let us know how we can improve our service to you.

Please call 8-3463 (8-DINE) to place your meal order

4/17



Distinguished Dining at Stony Brook University Hospital

Room Service Menu

Dial 8-3463 (8-DINE)
between 7 am and 7 pm
to place your breakfast, lunch, and dinner order



BREAKFAST

BEVERAGES:

Coffee: Regular |Decaffeinated
Tea: Regular | Decaffeinated | Chamomile
Fresh Brewed Ice Tea
Hot Chocolate: Regular | Sugar Free
Milk: Whole |1% | Skim | Lactaid | Soy
Juice: Apple | Cranberry | Orange | Prune
Soda: Ginger Ale | Diet Ginger Ale | Seltzer

THICKENED BEVERAGES:

Juice: Orange | Apple | Cranberry
Coffee: Decaffeinated
Tea: Decaffeinated | Iced Tea
Milk | Water

BREAKFAST ENTRÉES:

(Pureed)
Egg Omelet:
Waffle:

FRUITS:

Chilled Fruit: Peaches |Pears | Applesauce

CEREAL:

Oatmeal | Cinnamon Oatmeal | Cream of Wheat

YOGURT:

Plain | Vanilla

Bread (Pureed)

LUNCH & DINNER

ENTRÉES:

(Pureed)
Chicken Francaise:
Served with White Wine Sauce

Grilled Chicken Parmesan:
Served with Marina Sauce

Oven Roasted Turkey:
Served with Gravy

Broiled Flounder:
Dressed with Garlic Lemon Herb

Home Made Meatloaf:
Served with Gravy

House Made Roast Beef with Gravy:

Lasagna:

SOUP & SIDES

SOUPS:

Soups: Campbell’s Cream of Tomato
Lentil Soup | Pasta Fagioli

SIDES:

Choice of: Mac & Cheese | Mashed Potatoes
Mashed Sweet Potatoes |Baby Carrots –Broccoli
Peas | Green Beans

Bread (Pureed)

PASTA BAR:

(Pureed)
Choice of Pasta:
Elbows | Linguini

Choice of Sauce:
Garlic & Extra Virgin Olive Oil & White Wine
Pureed Meat Sauce
Butter Sauce
Vodka Sauce

DESSERTS

Chilled Fruit: Peaches |Pears |Applesauce
Gelatin: (Regular or Sugar Free)
Strawberry | Orange
Ice Cream: Vanilla |Chocolate
Sugar Free Vanilla
Pudding: (Regular or Sugar Free)
Vanilla |Chocolate
Italian Ice: Cherry |Lemon |Orange
Low-fat Chocolate Mousse
Cheesecake