

**HANDING  
YOUR  
TEEN  
THE CAR  
KEYS-**

**ARE YOU  
CONFIDENT  
OR CONCERNED?**



American Academy  
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

## Parent-Teen Driving Agreement

I, \_\_\_\_\_, will drive carefully and cautiously and will be courteous to other drivers, bicyclists, and pedestrians at all times.

### I promise that I will obey all the rules of the road.

- Always wear a seat belt and make all my passengers buckle up
- Obey all traffic lights, stop signs, other street signs, and road markings
- Stay within the speed limit and drive safely
- Never use the car to race or to try to impress others
- Never give rides to hitchhikers

### I promise that I will make sure I can stay focused on driving.

- Drive with both hands on the wheel
- Never eat, drink, or use a cell phone to talk or text messages while I drive
- Drive only when I am alert and in emotional control
- Call my parents for a ride home if I am impaired in any way that interferes with my ability to drive safely
- Never use earphones to listen to mp3 player or other electronic devices while I drive

### I promise that I will respect laws about drugs and alcohol.

- Drive only when I am alcohol and drug free
- Never allow any alcohol or illegal drugs in the car
- Be a passenger only with drivers who are alcohol and drug free

### I promise that I will be a responsible driver.

- Drive only when I have permission to use the car and I will not let anyone else drive the car unless I have permission
- Drive someone else's car only if I have parental permission
- Pay for all traffic citations or parking tickets
- Complete my family responsibilities and maintain good grades at school as listed here: \_\_\_\_\_
- Contribute to the costs of gasoline, maintenance, and insurance as listed here: \_\_\_\_\_

-Continued-

VISIT [WWW.CDC.GOV/PARENTSARETHEKEY](http://WWW.CDC.GOV/PARENTSARETHEKEY) TO GET GOING.



Additional Promises:

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**I agree to the following restrictions, but understand that these restrictions will be modified by my parents as I get more driving experience and demonstrate that I am a responsible driver.**

- For the next \_\_\_\_\_ months, I will not drive after \_\_\_\_\_ pm.
- For the next \_\_\_\_\_ months, I will not transport more than \_\_\_\_\_ teen passengers (unless I am supervised by a responsible adult).
- For the next \_\_\_\_\_ months, I won't adjust the stereo, electronic devices, or air conditioning/heater while the car is moving.
- For the next \_\_\_\_\_ months, I will not drive in bad weather.
- I understand that I am not permitted to drive to off-limit locations or on roads and highways as listed here:  
\_\_\_\_\_
- Additional restrictions:  
\_\_\_\_\_

**I agree to follow all the rules and restrictions in this contract. I understand that my parents will impose penalties (see below), including removal of my driving privileges, if I violate the contract. I also understand that my parents will allow me greater driving privileges as I become more experienced and as I demonstrate that I am always a safe and responsible driver.**

#### **Penalties for contract violations**

- Drove after drinking alcohol or using drugs No driving for \_\_\_\_\_ months
- Got ticket for speeding or moving violation No driving for \_\_\_\_\_ months
- Drove after night driving curfew No driving for \_\_\_\_\_ weeks/months
- Drove too many passengers No driving for \_\_\_\_\_ weeks/months
- Broke promise about seat belts (self and others) No driving for \_\_\_\_\_ weeks/months
- Drove on a road or to an area that is off-limits No driving for \_\_\_\_\_ weeks/months

#### **Signatures**

Driver: \_\_\_\_\_ Date: \_\_\_\_\_

Parent promise: I also agree to drive safely and to be an excellent role model.

Parent (or guardian): \_\_\_\_\_ Date: \_\_\_\_\_ Parent (or guardian): \_\_\_\_\_ Date: \_\_\_\_\_

*Adapted from the American Academy of Pediatrics "Parent-Teen Driving Agreement"*  
([www.aap.org/publiced/BR\\_TeenDriver.htm](http://www.aap.org/publiced/BR_TeenDriver.htm))

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