



Initial History Form

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

E-mail address: \_\_\_\_\_

What body part is involved? LEFT or RIGHT

Neck	Shoulder	Arm	Elbow	Wrist	Hand	Finger	Rib(s)
Back	Pelvis	Hip	Knee	Ankle	Foot	Toe	Heel

How long has the problem been present? \_\_\_\_\_

How did the problem start? Gradual \_\_\_\_\_ or Sudden \_\_\_\_\_

How did your pain begin? Work Accident      Following surgery or illness  
Home Accident      Unknown  
Auto Accident  
Other: \_\_\_\_\_

\*\* IF THIS IS A WORKER'S COMPENSATION CASE, PLEASE GIVE DATE OF INJURY  
\_\_\_\_\_ (MM/DD/YYYY).

How did the injury occur? \_\_\_\_\_

\*\* IF THIS IS A NO FAULT CASE, PLEASE GIVE DATE OF ACCIDENT \_\_\_\_\_ (MM/DD/YY)

Describe the circumstances around the onset of your pain: \_\_\_\_\_  
\_\_\_\_\_

What medications have you taken or been given for this problem? \_\_\_\_\_

What makes your symptoms better? Rest \_\_\_ Heat \_\_\_ Ice \_\_\_ Elevation \_\_\_ Walking \_\_\_ Other \_\_\_

Select the items that describe your pain: Throbbing \_\_\_ Shooting \_\_\_ Aching \_\_\_ Stabbing \_\_\_ Burning \_\_\_

Are there any other symptoms? Swelling \_\_\_ Numbness \_\_\_ Weakness \_\_\_ Tingling \_\_\_ Discoloration \_\_\_

Since the pain started has it: Increased \_\_\_ Decreased \_\_\_ No Change \_\_\_

What treatments have been tried? Injection \_\_\_ Physical Therapy \_\_\_ Brace \_\_\_

\*\*This must be answered \*\* Are you, at this time being treated with narcotic medications by  
another physician for this or any other problem/condition? Yes \_\_\_ No \_\_\_

Name of narcotic: \_\_\_\_\_

Reviewed By: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Reason for today's visit: (briefly state history of problem and when symptoms began)

Past Medical History: Have you ever had or are currently experiencing any of the following medical problems:

- 1) Arthritis/Gout Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 2) Anemia Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 3) Blood pressure Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 4) Blood Clots Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 5) Bleeding Disorder Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 6) Cardiac History Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 7) Cancer Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 8) Diabetes Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 9) Dizziness or Fainting spells Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 10) Eye/Vision Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 11) Epilepsy/Seizure disorder Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 12) HIV Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 13) Hepatitis Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 14) Kidney/urinary Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 15) Lupus Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 16) Lungs/Breathing Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 17) Muscle/Joints Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 18) Psychological Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 19) Polio Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 20) Stomach/Bowels Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 21) Stroke Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 22) Thyroid Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 23) Tuberculosis Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_
- 24) Other Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_

\*\*DO YOU HAVE ANY MEDICATION ALLERGIES\*\* YES \_\_\_ NO \_\_\_  
1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_

ARE YOU ALLERGIC TO LATEX? YES \_\_\_ NO \_\_\_

DO YOU HAVE AN ALLERGY TO EGGS? YES \_\_\_ NO \_\_\_

Please list all medications that you are presently taking, including vitamins, OTC, or herbal medicine.

- 1) \_\_\_\_\_ Reason for medication \_\_\_\_\_ Dosage \_\_\_\_\_
- 2) \_\_\_\_\_ Reason for medication \_\_\_\_\_ Dosage \_\_\_\_\_
- 3) \_\_\_\_\_ Reason for medication \_\_\_\_\_ Dosage \_\_\_\_\_
- 4) \_\_\_\_\_ Reason for medication \_\_\_\_\_ Dosage \_\_\_\_\_

Are you on any anticoagulants (blood thinner)? Yes \_\_\_ No \_\_\_

**PAST MEDICAL HISTORY**

Surgeries/Hospitalizations	Year	Complications
1)	_____	_____
2)	_____	_____
3)	_____	_____
4)	_____	_____

Do you have a Pacemaker? Yes \_\_\_\_\_ No \_\_\_\_\_  
 Have you ever had general anesthesia? Yes \_\_\_\_\_ No \_\_\_\_\_  
 Have you ever had ANY problem with anesthesia, general or local? Yes \_\_\_\_\_ No \_\_\_\_\_  
 If you answered YES to either of the above questions, please explain:

**FAMILY HISTORY- Please check if alive or deceased**

Member	Alive	Deceased	Age	Health status OR cause of death
Mother	_____	_____	_____	_____
Father	_____	_____	_____	_____
Sister/Brother	_____	_____	_____	_____
Sister/Brother	_____	_____	_____	_____
Sister/Brother	_____	_____	_____	_____

Do any of the following medical problems run in your family, including Grandparents from either side?  
 Heart Disease Yes \_\_\_\_\_ No \_\_\_\_\_  
 Cardiac Yes \_\_\_\_\_ No \_\_\_\_\_  
 Diabetes Yes \_\_\_\_\_ No \_\_\_\_\_  
 Respiratory Yes \_\_\_\_\_ No \_\_\_\_\_

**SOCIAL HISTORY**

Single \_\_\_ Married \_\_\_ Divorced \_\_\_ Widowed \_\_\_ Separated \_\_\_ Committed/Engaged \_\_\_  
 Student \_\_\_ Retired \_\_\_ Employed \_\_\_

**OCCUPATION:** \_\_\_\_\_

Do you live alone? Yes \_\_\_\_\_ No \_\_\_\_\_  
 Do you exercise? Yes \_\_\_\_\_ No \_\_\_\_\_ What type of exercise? \_\_\_\_\_  
 Do you have a history of substance abuse? Yes \_\_\_\_\_ No \_\_\_\_\_, what type: \_\_\_\_\_  
 Do you currently smoke? Yes \_\_\_ No \_\_\_ How many years \_\_\_\_\_ How much? \_\_\_\_\_  
 Quit smoking? This year \_\_\_ Over 1 year ago \_\_\_ Over 5 years ago \_\_\_ Over 10 years ago \_\_\_  
 Do you drink alcohol? Yes \_\_\_ No \_\_\_ Daily \_\_\_ 1-2 x a week \_\_\_ 1-2 x a month \_\_\_ Rarely \_\_\_