



Stony Brook Medicine

Center for Pain Management New Patient Intake Form

Your completed intake paperwork helps our physicians and other providers get to know you and your medical history better. We rely on its accuracy and completeness to provide you with the best possible care. Please inquire at our front desk or call (631) 638-0800 if you have any question on how to complete any section on this form.

Patient Information

Today's date: _____

Your name: _____ Date of Birth: _____ Age: _____

Referring Physician: _____ Primary Care Physician: _____

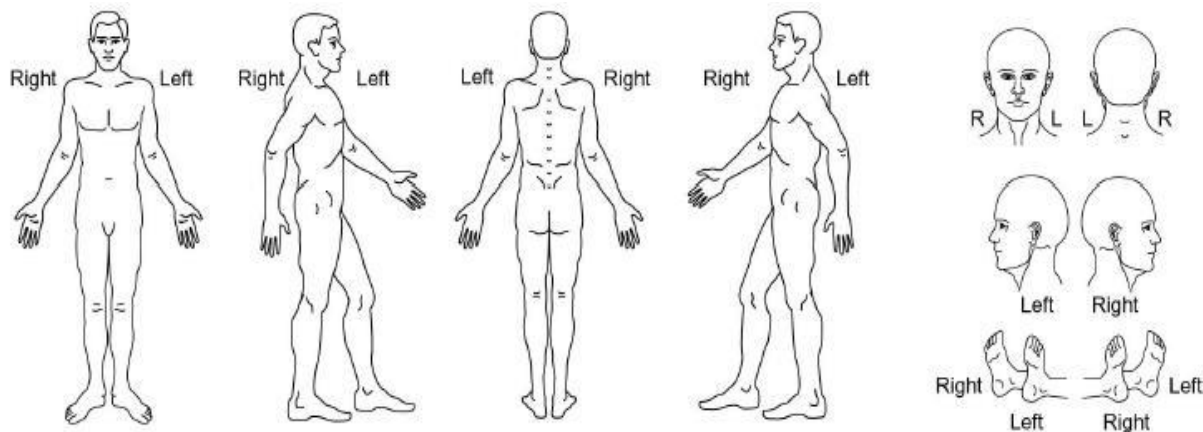
Pain History

Chief Complaint (Reason for your visit today)? _____

Does this pain radiate? If so where? _____

Please list any additional areas of pain: _____

Use this diagram to indicate the area of your pain. Mark the location with an "X"



Onset of Symptoms

Approximately, when did this pain begin? _____

What caused your current pain episode? _____

How did your current pain episode begin? ☐ Gradually ☐ Suddenly

Since your pain began, how has it changed? ☐ Improved ☐ Worsened ☐ Stayed the same

Pain Description

Describe the character of your pain (eg: dull, stabbing, throbbing, etc):

What time of day is your pain at its worst? _____

How often does the pain occur?

☐ Constant ☐ Changes in severity but always present ☐ Intermittent (comes and goes)

If pain "0" is no pain and "10" is the worst pain you can imagine, how would you rate your pain?

Right Now _____ The Best It Gets _____ The Worst It Gets _____

What other factors worsen or affect your pain?

What other factors relieve your pain?

Are there any associated symptoms? (eg: numbness/tingling/weakness/incontinence, etc)

What are the goals you wish to achieve with Pain Management? _____

Diagnostic Tests and Imaging

Mark all of the following tests that you have had related to your current pain complaints:

☐ MRI of the: _____ Date: _____

☐ X-Ray of the: _____ Date: _____

☐ CT Scan of the: _____ Date: _____

☐ EMG/NCV study of the: _____ Date: _____

☐ Other Diagnostic Testing: _____ Date: _____

☐ I have not had ANY diagnostic tests for my current pain complaint

Please mark all of the following treatments you have had for pain relief: ☒

	No Change	Worsened Pain	Helped Pain
Spine Surgery	☐	☐	☐
Physical Therapy	☐	☐	☐
Chiropractic Care	☐	☐	☐
Psychological Therapy	☐	☐	☐
Brace Support	☐	☐	☐
Acupuncture	☐	☐	☐
Hot/Cold Packs	☐	☐	☐
Massage Therapy	☐	☐	☐
TENS Unit	☐	☐	☐

Interventional Pain Treatment History

- ☐ Epidural Steroid Injection – (circle all levels that apply) Cervical/Thoracic/Lumbar
- ☐ Joint Injection – Joint(s) _____
- ☐ Medial Branch Blocks/Facet Injections - (circle levels) Cervical/Thoracic/Lumbar
- ☐ Nerve Blocks – Area/Nerve(s) - _____
- ☐ Radiofrequency Nerve Ablation – (circle levels) – Cervical/Thoracic/Lumbar
- ☐ Spinal Cord Stimulator – Trial Only/Permanent Implant _____
- ☐ Trigger Point Injections – Where? _____
- ☐ Vertebroplasty/Kyphoplasty – Level(s) _____
- ☐ Other - _____

Which of these procedures listed above have helped with your pain? _____

Please list the names of other Pain Physicians you have seen in the past?

Mark the following physicians or specialists you have consulted for your current pain problem(s):

- | | | |
|--|---|--|
| ☐ Acupuncturist | ☐ Neurosurgeon | ☐ Psychiatrist/Psychologist |
| ☐ Chiropractor | ☐ Orthopedic Surgeon | ☐ Rheumatologist |
| ☐ Internist | ☐ Physical Therapist | ☐ Neurologist |
| ☐ Other _____ | | |

Past Medical History

Mark the following conditions/diseases that you have been treated for in the past:

Cancer/Oncology

- ☐ Cancer – Type _____
- ☐ Cancer – Type _____
- ☐ Cancer – Type _____

Cardiovascular/Hematologic

- ☐ Anemia
- ☐ Heart Attack
- ☐ Coronary Artery Disease
- ☐ High Blood Pressure
- ☐ Peripheral Vascular Disease
- ☐ Stroke/TIA
- ☐ Heart Valve Disorders
- ☐ Presence of stent/pacemaker/defibrillator

Gastrointestinal

- ☐ GERD (Acid Reflux)
- ☐ Gastrointestinal Bleeding
- ☐ Stomach Ulcers
- ☐ IBS/Crohns Disease

Urological

- ☐ Chronic Kidney Disease
- ☐ Kidney Stones
- ☐ Urinary Incontinence
- ☐ Dialysis

Neurological

- ☐ Multiple Sclerosis
- ☐ Peripheral Neuropathy
- ☐ Seizures
- ☐ Balance Disorder
- ☐ Head Injury
- ☐ Headaches
- ☐ Migraines

ENT

- ☐ Glaucoma
- ☐ Vertigo
- ☐ Hearing Problems
- ☐ Nosebleeds

Respiratory

- ☐ Asthma
- ☐ Bronchitis/Pneumonia
- ☐ Emphysema/COPD

Musculoskeletal/Rheumatologic

- ☐ Bursitis
- ☐ Carpal Tunnel Syndrome
- ☐ Fibromyalgia
- ☐ Osteoarthritis
- ☐ Osteoporosis
- ☐ Rheumatoid Arthritis
- ☐ Chronic Joint Pains

Psychological

- ☐ Depression
- ☐ Anxiety
- ☐ Schizophrenia
- ☐ Bipolar Disorder
- ☐ ADD/ADHD
- ☐ PTSD

Endocrinology

- ☐ Diabetes – Type _____
- ☐ Hyperthyroidism
- ☐ Hypothyroidism

Other Diagnosed Conditions

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Past Surgical History

Please list any surgical procedures you have had done in the past including date:

- 1) _____ Date? _____
- 2) _____ Date? _____
- 3) _____ Date? _____
- 4) _____ Date? _____
- 5) _____ Date? _____

☐ I have **NEVER** had any surgical procedures performed.

Family History

Mark all appropriate diagnoses as they pertain to your parents and siblings:

- | | | |
|--|--|---|
| ☐ Arthritis | ☐ Cancer | ☐ Diabetes |
| ☐ Headaches/Migraines | ☐ High Blood Pressure | ☐ Kidney Problems |
| ☐ Liver Problems | ☐ Osteoporosis | ☐ Rheumatoid arthritis |
| ☐ Seizures | ☐ Stroke | |

☐ Other Medical Problems: _____

☐ I have no significant family medical history

Social History

Occupation: _____ When was the last time you worked? _____

Who is in your current household? _____

Are there any stairs in your current home? _____ If so how many? _____

☐ Temporary Disability ☐ Permanent Disability ☐ Retired ☐ Unemployed

Are you currently under worker's compensation? ☐ No ☐ Yes

Is there an ongoing lawsuit related to your visit today? ☐ No ☐ Yes

Alcohol Use:

☐ Social Use ☐ Daily use of alcohol ☐ Never ☐ History of alcoholism ☐ Current alcoholism

Tobacco Use:

☐ Current user ☐ Former user ☐ Never used

☐ Packs per day? _____ ☐ How many years? _____ ☐ Quit Date: _____

Illegal Drug Use:

☐ Denies any illegal drug use ☐ Currently uses illegal drugs ☐ Formerly used illegal drugs (not currently)

Have you ever abused narcotic or prescription medications? ☐ Yes ☐ No

Current Medications

Are you currently taking any blood thinners or anti-coagulants? ☐ YES ☐ No

If YES, which ones? ☐ Aspirin ☐ Plavix ☐ Coumadin ☐ Lovenox ☐ Other _____

Please list all medications you are currently taking including vitamins. Attach additional sheet if required:

<u>Medication Name</u>	<u>Dose</u>	<u>Frequency</u>
1) _____	_____	_____
2) _____	_____	_____
3) _____	_____	_____
4) _____	_____	_____
5) _____	_____	_____
6) _____	_____	_____
7) _____	_____	_____
8) _____	_____	_____
9) _____	_____	_____
10) _____	_____	_____

Please list all past pain medications that you have been on at any point for your current pain complaints?

<u>Medication Name</u>	<u>Dose</u>	<u>Frequency</u>
1) _____	_____	_____
2) _____	_____	_____
3) _____	_____	_____
4) _____	_____	_____
5) _____	_____	_____

Only if any of your medications cause constipation, please answer these questions. If not, skip this section.

On average, how often do you have a bowel movement?

(Please check one)

- | | |
|--|--|
| ☐ More than 3 times per day | ☐ 2 to 3 times per day |
| ☐ Once per day | ☐ 2 to 3 times per week |
| ☐ Less than once per week | |

Think back to when you started pain medicine. Did your bowel habits change? If so how?

Allergies

Do you have any drug/medication allergies?

☐ Yes

☐ No

If so, please list all medications you are allergic to

<u>Medication Name</u>	<u>Allergic Reaction</u>
1) _____	_____
2) _____	_____
3) _____	_____
4) _____	_____
5) _____	_____

Topical Allergies: ☐ Latex ☐ Iodine ☐ Tape ☐ IV Contrast

Review of Systems

Mark the following symptoms that you currently suffer from:

Constitutional: ☐ Fevers ☐ Chills ☐ Sweats ☐ Weakness ☐ Fatigue ☐ Decreased Activity ☐ Malaise
☐ Unexplained weight gain ☐ Unexplained weight loss ☐ Low sex drive ☐ Difficulty sleeping

Eyes: ☐ Blurriness ☐ Double vision ☐ Visual disturbance ☐ Pain

Ears/Nose/Throat/Neck: ☐ Hearing problems ☐ Ear pain ☐ Sinus problems ☐ Sore throat
☐ Nosebleeds

Respiratory: ☐ Shortness of breath ☐ Cough ☐ Sputum production ☐ Wheezing

Cardiovascular: ☐ Chest pain ☐ Palpitations ☐ Swelling in feet ☐ Shortness of breath during sleep
☐ Bleeding disorder ☐ Blood clots ☐ Fainting

Gastrointestinal: ☐ Nausea ☐ Vomiting ☐ Diarrhea ☐ Constipation ☐ Heartburn ☐ Abdominal pain

Genitourinary/Nephrology: ☐ Painful urination ☐ Blood in urine ☐ Change in urine stream
☐ Unusual discharge ☐ Flank pain ☐ Urinary incontinence

Musculoskeletal: ☐ Back pain ☐ Neck pain ☐ Joint pain ☐ Muscle pain ☐ Muscle cramp
☐ Muscle spasm ☐ Gait disturbances ☐ Joint stiffness ☐ Joint swelling ☐ Trauma

Integumentary: ☐ Rash ☐ Itching ☐ Lesions ☐ Bruising

Neurological: ☐ Abnormal balance ☐ Confusion ☐ Numbness ☐ Tingling ☐ Dizziness ☐ Headaches
☐ Loss of coordination ☐ Memory loss ☐ Seizures ☐ Tinnitus ☐ Tremors ☐ Vertigo

Psychiatric: ☐ Feeling anxious ☐ Depressed mood ☐ Suicidal thoughts ☐ Hallucinations
☐ Stress problems ☐ Suicidal planning ☐ Thoughts of harming others