



# Main Hospital Pediatric Endoscopy Instructions



## ARRIVAL TIME

The day before your procedure you will be contacted by the Endoscopy Automated Reminder System. During that call you will be notified of your arrival time.

Endoscopy (631)444-1768

## ADDRESS

Main Hospital Building  
Main Lobby (Level 5) Admitting  
Elevators 14 N Endoscopy Suite  
101 Nicolls Rd  
Stony Brook NY 11794

Hospital Parking will be Validated  
Valet Parking for a fee



## Fasting

Follow bowel prep instructions as per your GI doctor.



## No Formula

For 6 Hours Prior To Procedure



## Breast Milk

May Be Offered Until 4 Hours Prior To Your Arrival Time .



## Clear Liquids

Such As Pedialyte, Water And Clear Juices Without Pulp Such As Apple Juice, White Grape Juice And Clear Jell-O Should Be Encouraged Until 2 Hours Prior To Arrival .



## No Jewelry

All Piercings Must Be Removed. We Cannot Take Responsibility For Jewelry Brought To The Hospital.



## Wear Glasses/ Hearing Aides



Bring Cases, No Contacts

## Parents



A Parent Should Remain In The Pre/Post Endoscopy Area While Their Child Is Having the procedure.

## Bring Your Co-Pay

## Medications



**Morning Medications** (if applicable) may be taken with sips of water until 30 min. before arriving at the hospital.

### Diabetes

Oral medications for diabetes should NOT be taken the morning of surgery. If your child takes Insulin, please contact your health care provider for specific instructions.

### NSAIDS

Your child should NOT take any anti-inflammatory medications such as Advil, Motrin, or Ibuprofen for 7 days prior to your procedure.. **Tylenol (Acetaminophen)** is OK



## Playroom/Comfort



Admitted children will have access to the Playroom run by Child Life Services on the 11th floor from 9am–7pm. Parents may take advantage of respite services provided by the Ronald McDonald Respite Room on the 11th floor from 9am-9pm. Services include coffee, snacks, TV/couch, showers, toiletry supplies, laundry room, and pharmacy transportation.



## Special Needs Children

Stony Brook Children's is committed to making everyone's surgical experience as pleasant as possible. If your child has special needs, physical or emotional, please let our staff know about them so we can do our best to care for your child.

**We suggest that you bring a light snack that your child likes if he/she has special dietary needs**

### Pre-Operative Services

**Best Wishes For A Speedy Recovery From Your Pre-Operative Team**

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