



Main Hospital Pediatric Pre-Operative Instructions



ARRIVAL TIME

One Business Day Prior
To Surgery, The Staff Will Call
You Between 4pm & 9pm To
Notify You of Your Arrival

ADDRESS

Main Hospital Building Pre-
Surgical Admissions
Level 4
Call 631-444-1002
101 Nicolls Rd
Stony Brook NY 11794
(Valet Parking is available on
Level 5 for a fee)



Fasting

No Solid Food After Midnight
or 6 Hours Prior To Procedure.
No Gum or Candy



No Formula

For 6 Hours Prior To Procedure



Breast Milk

May Be Offered Until 4 Hours
Prior To Your Arrival Time .



Clear Liquids

Such As Pedialyte, Water And
Clear Juices Without Pulp Such
As Apple Juice, White Grape
Juice And Clear Jell-O Should
Be Encouraged Until 2 Hours
Prior To Arrival .



No Jewelry

All Piercings Must Be Removed.
We Cannot Take Responsibility
For Jewelry Brought To The
Hospital.



Wear Glasses/ Hearing Aides

Bring Cases, No Con-
tacts



Parents

A Parent Should Remain In The
Pre/Post Surgical Area While
Their Child Is Having Surgery.
One Parent May Remain With
Their Child 24/7, if admitted.

Bring Your Co-Pay

Medications



Morning Medications (if applicable) may
be taken with sips of water until 30 min.
before arriving at the hospital.

Diabetes

Oral medications for diabetes should NOT be taken the
morning of surgery. If your child takes Insulin, please con-
tact your health care provider for specific instructions.

NSAIDS

Your child should NOT take any anti-inflammatory medi-
cations such as Advil, Motrin, or Ibuprofen for 7 days prior
to your procedure.. **Tylenol (Acetaminophen)** is OK



Playroom/Comfort



Admitted children will have access
to the Playroom run by Child Life Services on
the 11th floor from 9am–7pm. Parents may take ad-
vantage of respite services provided by the Ronald
McDonald Respite Room on the 11th floor from 9am-
9pm. Services include coffee, snacks, TV/couch,
showers, toiletry supplies, laundry room, and
pharmacy transportation.



Special Needs Children

Stony Brook Children's is committed to making
everyone's surgical experience as pleasant as possible.
If your child has special needs, physical or emotional,
please let our staff know about them so we can do our
best to care for your child.

For Additional Pre-Operative Information:

Call Our Automated Line (24/7): 631-638-1042 or

www.stonybrookmedicine.edu/PreSurgicalAdmissions

Pre-Operative Services

Best Wishes For A Speedy Recovery From
Your Pre-Operative Team

Deborah Richman MB ChB,

Medical Director,

1320 Stony Brook Rd. Suite E
Stony Brook NY 11790
Phone: 631-444-9404
Fax ASU: 631-444-8826
Fax SDA: 631-444-1211

Teresa Carter NP, Michele Branigan NP,
Madalina Vlase PA, Amy Dany NP,
Elina Yakirevich PA, Paul Saby PA,
Sonia Joy PA.