



Main Hospital Endoscopy Instructions



ARRIVAL TIME

The day before your procedure you will be contacted by the Endoscopy Automated Reminder System. During that call you will be notified of your arrival time.

Endoscopy (631)444-1768

ADDRESS

Main Hospital Building

Main Lobby (Level 5) Admitting Elevators 14 N Endoscopy Suite

101 Nicolls Rd

Stony Brook NY 11794

Hospital Parking will be Validated

Valet Parking for a fee



Fasting

Follow bowel prep instructions as provided by your GI doctor.



Clear Liquids

You May Drink Clear Liquids (Water/Apple Juice) After Midnight, With Last Glass 2 Hours Prior To Arrival.



No Alcohol

Within 24 Hours of Surgery



Driver

You are Required to Have Someone Drive You Home. If you do not have a driver your procedure will be cancelled. A Responsible Person Should Stay With You For 24 Hours After Your Procedure.



No Jewelry

All Piercings Must Be Removed. We Cannot Take Responsibility For Jewelry Brought To The Hospital.



Wear Glasses/ Hearing Aides



Bring Cases, No Contacts



Bring Photo ID

Bring Your Co-Pay

Medications



Morning Medications (if applicable) may be taken with sips of water until 30 min. before arriving at the hospital.

Diabetes

- Do NOT take any oral medications for diabetes the morning of surgery. If you take Insulin, please contact your health care provider for specific instructions

Blood Thinners

- If you take Aspirin, Plavix, Effient, Brilinta, Ticlid, Coumadin, Pradaxa, Xarelto or Eliquis, Please contact the prescribing health care provider for specific instructions

NSAIDS

- Do not take any anti-inflammatory medications such as Advil, Aleve, Motrin, Ibuprofen, Naprosyn, Diclofenac or Meloxicam for 7 days prior to your procedure. Tylenol (Acetaminophen) is ok.

Supplements

- Please review any herbal supplements at your pre-operative visit. Stop Vitamin E, Fish Oils, Ginkgo Biloba 7 days prior to procedure.

Pre-Operative Services

Best Wishes For A Speedy Recovery From Your Pre-Operative Team

Deborah Richman MB ChB,

Medical Director,

Teresa Carter NP, Michele Branigan NP,

Madalina Vlase PA, Amy Dany NP,

Elina Yakirevich PA, Paul Saby PA,

Sonia Joy PA.

1320 Stony Brook Rd. Suite E
Stony Brook NY 11790
Phone: 631-444-9404
Fax ASU: 631-444-8826
Fax SDA: 631-444-1211