



Main Hospital Pre-Operative Instructions



ARRIVAL TIME

One Business Day Prior
To Surgery, The Staff Will Call
You Between 4pm & 9pm To
Notify You of Your Arrival

ADDRESS

Main Hospital Building
Pre-Surgical Admissions
Level 4
101 Nicolls Rd
(631)444-1002
Stony Brook NY 11794
(Valet Parking is available on
Level 5 for a fee)



Fasting

No Solid Food After Midnight
No Gum or Candy



Clear Liquids

You May Drink Clear Liquids
(Water/Apple Juice) After
Midnight, With Last Glass 2
Hours Prior To Arrival.



No Alcohol

Within 24 Hours of Surgery



Driver

If You Are Not Admitted You
Need Someone To Drive You
Home. A Responsible Person
Should Stay With You For 24
Hours After Your Procedure.



Sleep Apnea

Bring Your Mask/Machine



No Jewelry

All Piercings Must Be Removed.
We Cannot Take Responsibility
For Jewelry Brought To The
Hospital.



Wear Glasses/ Hearing Aides



Bring Cases, No Contacts



Bring Photo ID

Bring Your Co-Pay

Medications



Morning Medications (if applicable) may
be taken with sips of water until 30 min.
before arriving at the hospital.

Diabetes

- Do NOT take any oral medications for diabetes the morning of surgery. If you take Insulin, please contact your health care provider for specific instructions

Blood Thinners

- If you take Aspirin, Plavix, Effient, Brilinta, Ticlid, Coumadin, Pradaxa, Xarelto or Eliquis, Please contact the prescribing health care provider for specific instructions

NSAIDS

- Do not take any anti-inflammatory medications such as Advil, Aleve, Motrin, Ibuprofen, Naprosyn, Diclofenac or Meloxicam for 2 days prior to your procedure. **Tylenol (Acetaminophen) is ok.**

Supplements

- Please review any herbal supplements at your pre-operative visit. Stop Vitamin E, Fish Oils, Ginkgo Biloba 7 days prior to procedure.

For Additional Pre-Operative Information:
Call Our Automated Line (24/7): 631-638-1042 or
www.stonybrookmedicine.edu/PreSurgicalAdmissions

Pre-Operative Services

**Best Wishes For A Speedy Recovery From
Your Pre-Operative Team**

Deborah Richman MB ChB,

Medical Director,

1320 Stony Brook Rd. Suite E
Stony Brook NY 11790
Phone: 631-444-9404
Fax ASU: 631-444-8826
Fax SDA: 631-444-1211

Teresa Carter NP, Madalina Vlase PA,
Amy Dany NP, Elina Yakirevich PA.,
Paul Saby PA, Michele Branigan NP,
Sonia Joy PA.