

HERNIA CENTER HEALTH HISTORY QUESTIONNAIRE

Please complete this questionnaire in full. This information will assist us in your care plan. All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

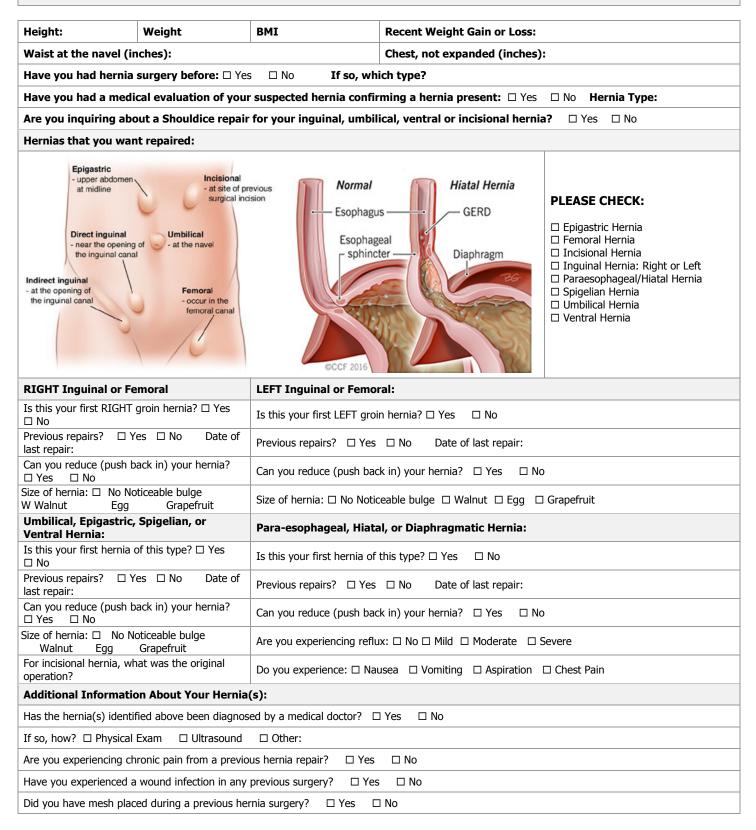
For patients living at a distance, this questionnaire is designed to help facilitate your examination, admission, and surgery in one visit. However, an in-person physical examination at our clinic is required to make a final diagnosis and a treatment plan.

Please fax a completed copy to 631-638-0050.

Name (Last, First, M.I.):						
DOB:						
Marital status: 🗆 Single	□ Partnered □ Married □ Separated	□ Divorced □ Widowed				
Race: □ African-American □ Asian □ Caucasian □ Hispanic □ Native American □ Pacific Islander/Hawaiian □ Other □ Other						
Address:		City, State, Zip:				
Home Phone:		Cell/Work Phone:				
Email:		Language:				
Referring doctor:		Date of last physical exam:				
Emergency Contact:		Emergency Contact Phone:				
Occupation/Retired:		Employer:				
Business Address:		Business Phone Number:				
How did you hear about u	us? 🗆 Medical Doctor: 🗆 Fr	Friend Article Website: Other:				
Surgeon Requested:	 Andrew Bates Salvatore Docim Kathreen Lee Michael Paccione Daniel Rutigliano Samer Sbayi Konstantinos Spaniolas James Vosswink 	ne 🗆 Aurora Pryor 🔅 Jerry Rubano 🗆 Jessica Schnur 🖾 Marc Shapiro				

HEALTH INSURANCE INFORMATION				
Insurance Carrier:		Insurance ID:		
Primary Insured: DOB:		Primary Insured Relationship:		
Secondary Insurance Carrier:		Secondary Insurance ID:		
Primary Insured: DOB:		Primary Insured Relationship:		

PERSONAL HEALTH HISTORY





Surgeries						
Year	Reason	Hospital				
Other hospi	talizations					
Year	Reason	Hospital				
Have you ever had a blood transfusion?				□ No	,	

List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers Frequency Taken Name of the Drug Strength Do you take buprenorphine ,suboxone ,naltrexone or similar? Allergies to medications Reaction You Had Name the Drug

Have you ever had, past or present?		o / Othe	er	Details to all questions answered yes
Abnormal reaction to local or general anesthetic or history of malignant hyperthermia?	□ Yes	□ No	□ Other	
A family member that has had an abnormal reaction to anesthetic?	□ Yes	□ No	□ Other	
Heart trouble, heart attack, angina, mechanical valves, or irregular heartbeat?	□ Yes	□ No	□ Other	
A history of blocked artery in the heart, heart failure, Ischemic heart disease?	□ Yes	□ No	□ Other	
A History of chest pain while performing activities, or while resting?	□ Yes	□ No	□ Other	

Have you ever had, past or present?	Yes / N	o / Oth	er	Details to all questions answered yes
Autoimmune disease (chronic inflammatory state)?	□ Yes	□ No	□ Other	
Active hepatitis or a history of liver disease?	□ Yes	□ No	□ Other	
A history of peripheral arterial disease (poor blood flow to the legs)?	□ Yes	□ No	□ Other	
Abnormal blood pressure, high or low, or pulmonary hypertension?	□ Yes	□ No	□ Other	
Medicine for your heart or high blood pressure?	□ Yes	□ No	□ Other	
Difficulty with breathing or had unusual tiredness or weakness?	□ Yes	□ No	□ Other	
Pacemaker or defibrillator implanted?	□ Yes	□ No	□ Other	
Do you have any other implanted devices?	□ Yes	□ No	□ Other	
Lung illness, asthma, emphysema, chronic bronchitis, or tuberculosis?	□ Yes	□ No	□ Other	
Chronic Obstructive Pulmonary Disease (COPD)?	□ Yes	□ No	□ Other	
Severe snoring?	□ Yes	□ No	□ Other	
Sleep apnea or do you sleep with a breathing machine?	□ Yes	□ No	□ Other	
Difficult laryngoscopy or narrowing of windpipe?	□ Yes	□ No	□ Other	
Difficult intubation?	□ Yes	□ No	□ Other	
Shortness of breath?	□ Yes	□ No	□ Other	
Medicine for asthma or other lung illness?	□ Yes	□ No	□ Other	
Lightheaded when you get up, even when not standing abruptly?	□ Yes	□ No	□ Other	
Scoliosis?	□ Yes	□ No	□ Other	
Kidney illness or problems with urination?	□ Yes	□ No	□ Other	
Frequent urination?	□ Yes	□ No	□ Other	
History of end stage renal disease?	□ Yes	□ No	□ Other	

□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
□ Yes	□ No	□ Other	
	 Yes 	Image: Noise intermediate Image: Noise intermediate	I Yes I No I Other I Yes I



Do you live alone, in a retirement home or nursing home?	□ Yes	□ No	□ Other	
Are you allergic to anything (e.g. medication, food, environmental, latex)?	□ Yes	□ No	□ Other	
Were you hospitalized in the past 6 months for anything?	□ Yes	□ No	□ Other	
Are you pregnant or within 12 months of the end of a pregnancy?	□ Yes	□ No	□ Other	
Have you undergone chemotherapy in the past 12 months?	□ Yes	□ No	□ Other	
Have you undergone radiation therapy near your hernia in the past 12 months?	□ Yes	□ No	□ Other	
Have you ever had cancer, chemotherapy or radiation?	□ Yes	□ No	□ Other	
Can you climb two flights of stairs without shortness of breath?	□ Yes	□ No	□ Other	
Have you ever been diagnosed with MRSA?	□ Yes	□ No	□ Other	
Do you take herbal medications? If so, which ones?	□ Yes	□ No	□ Other	
Have difficulty taking care of yourself?	□ Yes	□ No	□ Other	
Have difficulty doing housework like vacuuming, or moderate recreational activities like golf or dancing?	□ Yes	□ No	□ Other	
How do you rate your health right now?	Good	Fair	Poor	

HEALTH HABITS AND PERSONAL SAFETY

ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL.								
Exercise	□ Sedentary (No exercise	2)						
	□ Mild exercise (i.e., clim	b stairs, walk 3 bl	ocks, golf)					
	□ Occasional vigorous exercise (i.e., work or recreation, less than 4x/week for 30 min.)							
	□ Regular vigorous exercise (i.e., work or recreation 4x/week for 30 minutes)							
Diet	Are you dieting?							No
	If yes, are you on a physician prescribed medical diet?							No
	# of meals you eat in an	average day?						
	Rank salt intake	🗆 Hi	□ Med	□ Low				
	Rank fat intake	🗆 Hi	□ Med	□ Low				
Caffeine	□ None	□ Coffee	🗆 Tea	🗆 Cola				
	# of cups/cans per day?							
Alcohol	Do you drink alcohol?				<u>ا</u> ا	Yes		No
	If yes, what kind?							
	How many drinks per wee	ek?						



	Are you concerned about the amount you drink?							No	
	Have you considered stopping?							No	
	Have you ever experienced blackouts?							No	
	Are you prone to "binge" drinking?							No	
Tobacco	Do you use tobacco?							No	
	Cigarettes – pks./day_		□ Chew - #/day	□ Pipe - #/day		Cigars	- #/	day	
Drugs	Do you currently use recr	eational or street of	drugs?			Yes		No	
	Have you ever given your	self street drugs v	vith a needle?			Yes		No	
Sex	Are you sexually active?							No	
	If yes, are you trying for a pregnancy?					Yes		No	
	If not trying for a pregnancy list contraceptive or barrier method used:								
	Any discomfort with intere	course?				Yes		No	
	health problem. Risk facto	ors for this illness i	ency Virus (HIV), such as AID nclude intravenous drug use pur provider about your risk o		Yes		No		
Personal	Do you live alone?	. ,				Yes		No	
Safety	Do you have frequent falls?							No	
	Do you have vision or hearing loss? Do you have an Advance Directive or Living Will?					Yes		No	
						Yes		No	
	Would you like information on the preparation of these?							No	
	Physical and/or mental abuse have also become major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your provider?							No	

FAMILY HEALTH HISTORY

Family Member	AGE	SIGNIFICANT HEALTH PROBLEMS	Family Member	AGE	SIGNIFICANT HEALTH PROBLEMS
Father			Children	□ M □ F	
Mother				□ M □ F	
Sibling	□ M □ F			□ M □ F	
	□ M □ F			□ M □ F	
	□ M □ F		Grandmother Maternal		
	□ M □ F		Grandfather Maternal		
	□ M □ F		Grandmother Paternal		
	□ M □ F		Grandfather Paternal		

MENTAL HEALTH		
Do you suffer from depression, anxiety schizophrenia, ADHD, OCD or any other psychiatric condition?	🗌 Yes	🗌 No
Do you feel depressed?	□ Yes	🗆 No

Do you panic when stressed?	Yes	No
Do you have problems with eating or your appetite?	Yes	No
Do you cry frequently?	Yes	No
Have you ever attempted suicide?	Yes	No
Have you ever seriously thought about hurting yourself?	Yes	No
Do you have trouble sleeping?	Yes	No
Have you ever been to a counselor?	Yes	No

WOMEN ONLY

Age at onset of menstruation:	
Date of last menstruation:	
Period every day	/S
Heavy periods, irregularity, spotting, pain, or discharge?	🗆 Yes 🗆 No
Number of pregnancies:	
Are you pregnant or breastfeeding?	🗆 Yes 🗆 No
Have you had a D&C, hysterectomy, or Cesarean?	🗆 Yes 🗆 No
Any urinary tract, bladder, or kidney infections within the last year?	🗆 Yes 🗆 No
Any blood in your urine?	🗆 Yes 🗆 No
Any problems with control of urination?	🗆 Yes 🗆 No
Any hot flashes or sweating at night?	🗆 Yes 🗆 No
Do you have menstrual tension, pain, bloating, irritability, or other symptoms at or around time of period?	🗆 Yes 🗆 No
Experienced any recent breast tenderness, lumps, or nipple discharge?	🗆 Yes 🗆 No
Date of last pap and rectal exam?	· · · · ·

MEN ONLY

Do you usually get up to urinate during the night?		Yes		No	
If yes, # of times					
Do you feel pain or burning with urination?		Yes		No	
Any blood in your urine?		Yes		No	
Do you feel burning discharge from penis?		Yes		No	
Has the force of your urination decreased?		Yes		No	
Have you had any kidney, bladder, or prostate infections within the last 12 months?					
Do you have any problems emptying your bladder completely?					
Any difficulty with erection or ejaculation?		Yes		No	
Any testicle pain or swelling?		Yes		No	
Date of last prostate and rectal exam?		Yes		No	

OTHER PROBLEMS

Check if you have, or have had, any symptoms in the following areas to a significant degree and briefly explain.



Skin	Chest/Heart	Recent changes in:
Head/Neck	Back	Weight
Ears	Intestinal	Energy level
Nose	Bladder	Ability to sleep
Throat	Bowel	Other pain/discomfort:
Lungs	Circulation	

Please list any doctors you see:

Name	Specialty	Phone Number
Name	Specialty	Phone Number
Name	Specialty	Phone Number
Name	Specialty	Phone Number



The Shouldice repair has demonstrated continued success for over 70 years as practiced at Shouldice Hospital in Canada, *if the patient has acceptable weight for their height*. Weight is a very important factor. If the patient's body frame is large, we can relax on the increased weight, but if it is small, then weight becomes a problem.

Small body frame in and of itself isn't an issue for the repair, but is looked at when examining a patient's weight. Hence, small body frame and not overweight is encouraging, but small body frame and overweight needs to have weight loss. Large body frame better distributes the body weight because of the larger frame, but weight is still strongly considered during the discussion.

Overweight poses a potential risk for recurrence, bleeding, infection, and chronic pain. The following table used at Shouldice Hospital (founded by Dr. Shouldice) shows ideal weights for height and <u>body frame size</u>:

Men's Bo	dy Frame	Size		Women's Body Frame Size				
Height	Small	Medium	Large	Height	Small	Medium	Large	
5'6"	158 lb	167 lb	182 lb	4'10"	125 lb	136 lb	147 lb	
5'7"	161 lb	170 lb	186 lb	4'11"	128 lb	139 lb	150 lb	
5'8"	164 lb	173 lb	190 lb	5'0"	131 lb	142 lb	153 lb	
5'9"	167 lb	176 lb	194 lb	5'1"	134 lb	145 lb	157 lb	
5'10"	170 lb	180 lb	198 lb	5'2"	137 lb	148 lb	161 lb	
5'11"	174 lb	184 lb	202 lb	5'3"	140 lb	151 lb	165 lb	
6'0"	178 lb	188 lb	207 lb	5'4"	143 lb	154 lb	169 lb	
6'1"	182 lb	192 lb	212 lb	5'5"	146 lb	157 lb	173 lb	
6'2"	186 lb	197 lb	217 lb	5'6"	149 lb	160 lb	177 lb	
6'3"	190 lb	201 lb	221 lb	5'7"	152 lb	163 lb	180 lb	
6'4"	194 lb	205 lb	225 lb	5'8"	155 lb	166 lb	183 lb	
6'5"	198 lb	209 lb	229 lb	5'9"	158 lb	169 lb	186 lb	
6'6"	204 lb	221 lb	233 lb	5'10"	161 lb	172 lb	189 lb	

Verification of information:

By signing below, you acknowledge that the information given in this packet is accurate to the best of your knowledge.

CLIENT'S NAME (Please print)

SIGNATURE OF CLIENT OR SIGNATURE OF GUARDIAN TO CLIENT

PERMISSION TO EXCHANGE INFORMATION:

DATE

DATE

I, _______ HEREBY GRANT PERMISSION FOR COMMUNICATION BETWEEN THE PROFESSIONAL STAFF OF The STONY BROOK MEDICINE HERNIA CENTER, REGARDING ANY AND ALL OF MY PSYCHOLOGICAL, MEDICAL, PSYCHIATRIC, RADIOLOGICAL, EDUCATIONAL AND SOCIAL RECORDS AS RELATED TO MY ENGAGEMENT IN THE HERNIA CENTER'S PROGRAMS AND/OR HERNIA SURGERY INTERVENTIONS.

CLIENT'S NAME (Please print)

SIGNATURE OF CLIENT OR SIGNATURE OF GUARDIAN TO CLIENT

In addition, I also grant permission for exchange of information with:

(Indicate name; include address and phone if possible)

Stony Brook Medicine Department of Surgery medicine.stonybrookmedicine.edu/surgery