



## Do I Have Sinusitis?

Sinusitis is inflammation of the lining membrane of any sinus. Take the following quiz to see if you have sinusitis.

Choose "yes" if you have any of the following symptoms for ten days or longer; otherwise, choose "no."

1. Facial pressure/pain?

yes    no

2. Headache pain?

yes    no

3. Congestion or stuffy nose?

yes    no

4. Thick, yellow-green nasal discharge?

yes    no

5. Low fever (99-100°)?

yes    no

6. Bad breath?

yes    no

7. Pain in the upper teeth?

yes      no

If you answered "Yes" to three or more of the symptoms listed above, you may have a sinus infection resulting from allergies, bacteria, or a response to fungi. An examination by an ear, nose, and throat specialist may be warranted.

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