

Stony Brook Hospital Distinguished Dining

Serving our Community one meal at a time

Clear & Full Liquid Diet

How to Order

1. Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone.
2. Identify yourself to the Room Service Associate who will verify your name, room number, and diet assigned by your physician.
3. Place your order! Your specially prepared meal will be served to you within 60 - 90 minutes of your request.

For Visitors- HOW TO ORDER FROM THIS MENU

Guests can dine with patients. Please purchase a **Guest Meal Card** at *The Marketplace Café* on **Level 5**.

For your health and safety, we will accept your menu selections only after your physician has entered your diet order.

Served All Day

Clear Liquids

Beverages

Coffee: Regular, Decaffeinated

Juice: Apple, Cranberry

Soda: Ginger Ale, Diet Ginger Ale, Seltzer

Tea: Regular, Decaffeinated, Chamomile, Iced Tea

Soup & Dessert

Broth: Beef, Chicken, Vegetable

Fruit Ice: Cherry, Lemon, No Sugar Added Lemon, Orange

Gelatin (Regular or Sugar-Free): Strawberry, Orange

Full Liquids

Beverages

Coffee: Regular, Decaffeinated

Hot Chocolate: Regular, No Sugar Added

Milk: Whole, Skim, Lactaid, Vanilla Soy, Low-Fat Chocolate

Juice: Apple, Orange, Cranberry, Prune, V8

Soda: Ginger Ale, Diet Ginger Ale, Seltzer

Tea: Regular, Decaffeinated, Chamomile,

Unsweetened Iced Tea

Soup & Dessert *NSA= No Sugar Added (Contains Splenda®)

Broth: Beef, Chicken, Vegetable, Low Sodium Tomato Soup

Fruit Ice: Cherry, Lemon, No Sugar Added Lemon*, Orange

Gelatin (Regular or Sugar-Free): Strawberry, Orange

Pudding (Regular or NSA): Chocolate, Vanilla

Ice Cream (Regular or NSA): Chocolate, Vanilla

Cereal: Cream of Wheat

Other: Low-Fat Chocolate Mousse, Vanilla or Plain Yogurt

Condiments:

Equal, Honey, Lemon Juice, Salt, Splenda, Sugar,

Sweet & Low, Milk PC, Coffee Creamer (*Full Liquids Only*)