

# Stony Brook Hospital Distinguished Dining

Serving our Community one meal at a time

## Clear & Full Liquid Diet

### *How to Order*

---

1. Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone.
2. Identify yourself to the Room Service Associate who will verify your name, room number, and diet assigned by your physician.
3. Place your order! Your specially prepared meal will be served to you within 60 - 90 minutes of your request.

#### **For Visitors- HOW TO ORDER FROM THIS MENU**

Guests can dine with patients. Please purchase a **Guest Meal Card** at *The Marketplace Café* on **Level 5**.

---

*For your health and safety, we will accept your menu selections only after your physician has entered your diet order.*

# Served All Day

## Clear Liquids

### Beverages

**Coffee:** Regular, Decaffeinated

**Juice:** Apple, Cranberry

**Soda:** Ginger Ale, Diet Ginger Ale, Seltzer

**Tea:** Regular, Decaffeinated, Chamomile, Iced Tea

### Soup & Dessert

**Broth:** Beef, Chicken, Vegetable

**Fruit Ice:** Cherry, Lemon, No Sugar Added Lemon, Orange

**Gelatin (Regular or Sugar-Free):** Strawberry, Orange

## Full Liquids

### Beverages

**Coffee:** Regular, Decaffeinated

**Hot Chocolate:** Regular, No Sugar Added

**Milk:** Whole, Skim, Lactaid, Vanilla Soy, Low-Fat Chocolate

**Juice: Apple,** Orange, Cranberry, Prune, V8

**Soda:** Ginger Ale, Diet Ginger Ale, Seltzer

**Tea:** Regular, Decaffeinated, Chamomile,

Unsweetened Iced Tea

### Soup & Dessert \*NSA= No Sugar Added (Contains Splenda®)

**Broth:** Beef, Chicken, Vegetable, Low Sodium Tomato Soup

**Fruit Ice:** Cherry, Lemon, No Sugar Added Lemon\*, Orange

**Gelatin (Regular or Sugar-Free):** Strawberry, Orange

**Pudding (Regular or NSA):** Chocolate, Vanilla

**Ice Cream (Regular or NSA):** Chocolate, Vanilla

**Cereal:** Cream of Wheat

**Other:** Low-Fat Chocolate Mousse

### Condiments:

Equal, Honey, Lemon Juice, Salt, Splenda, Sugar,

Sweet & Low, Milk PC, Coffee Creamer (*Full Liquids Only*)