

Stony Brook Hospital Distinguished Dining

Serving our Community one meal at a time

Clear and Full Liquids Diet

How to Order

1. Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone.
2. Identify yourself to the Room Service Associate who will verify your name, room number, and diet assigned by your physician.
3. Place your order! Your specially prepared meal will be served to you within 60 - 90 minutes of your request.

For Visitors- HOW TO ORDER FROM THIS MENU

Guests can dine with patients. Please purchase a **Guest Meal Card** at The Marketplace Café on **Level 5**.

For your health and safety, we will accept your menu selections only after your physician has entered your diet order.

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Served All Day

Clear Liquid

Beverages

Coffee: Regular, Decaffeinated

Juice: Apple, Cranberry

Soda: Ginger Ale, Diet Ginger Ale, Seltzer

Tea: Regular, Decaffeinated, Chamomile, Iced Tea

Soup & Dessert

Broth: Beef, Chicken, Vegetable

Fruit Ice: Cherry, Lemon, No Sugar Added Lemon, Orange

Gelatin (Regular or Sugar Free): Strawberry, Orange

Full Liquids

Beverages

Coffee: Regular, Decaffeinated

Hot Chocolate: Regular, No Sugar Added

Milk: Whole, Skim, Lactaid, Vanilla Soy, Low-Fat Chocolate

Juice: Apple, Orange, Cranberry, Prune, V8, Tomato

Soda: Ginger Ale, Diet Ginger Ale, Seltzer

Tea: Regular, Decaffeinated, Chamomile, Iced Tea

Soup & Dessert *NSA= No Sugar Added (Contains Splenda®)

Broth: Beef, Chicken, Vegetable, Low Sodium Tomato Soup

Fruit Ice: Cherry, Lemon, No Sugar Added Lemon, Orange

Gelatin (Regular or NSA): Strawberry, Orange

Pudding (Regular or NSA): Chocolate, Vanilla

Ice Cream (Regular or NSA): Chocolate, Vanilla

Other: Low-Fat Chocolate Mousse

Condiments:

Equal, Honey, Lemon Juice, Salt, Splenda, Sugar,
Sweet & Low, Milk PC, Coffee Creamer (Full Liquid Only)

Served All Day

Clear Liquid

Beverages

Coffee: Regular, Decaffeinated

Juice: Apple, Cranberry

Soda: Ginger Ale, Diet Ginger Ale, Seltzer

Tea: Regular, Decaffeinated, Chamomile, Iced Tea

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