

## ABOUT STONY BROOK UNIVERSITY CANCER CENTER

Stony Brook University Cancer Center is Suffolk County's cancer care leader and a leader in education and research. With more than 20,000 inpatient and outpatient cancer visits annually, the Cancer Center includes 12 multidisciplinary teams: Breast Cancer; Colorectal Cancer; Gynecologic Oncology; Head, Neck and Thyroid Oncology; Lung Cancer; Melanoma; Neurologic Oncology; Orthopaedic Oncology and Sarcoma; Pediatric Hematology/Oncology; Stem Cell Transplantation and Hematologic Malignancy; Upper Gastrointestinal Oncology; and Urologic Oncology. The cancer program is accredited by the American College of Surgeons Commission on Cancer as a Teaching Hospital Cancer Program and received the Commission's Outstanding Achievement Award. The Carol M. Baldwin Breast Care Center was the first center in New York State to be accredited by the National Accreditation Program for Breast Centers. Stony Brook's Department of Radiation Oncology is accredited by the American College of Radiology and the American Society for Radiation Oncology.



**Stony Brook**  
**Cancer Center**

[cancer.stonybrookmedicine.edu](http://cancer.stonybrookmedicine.edu)

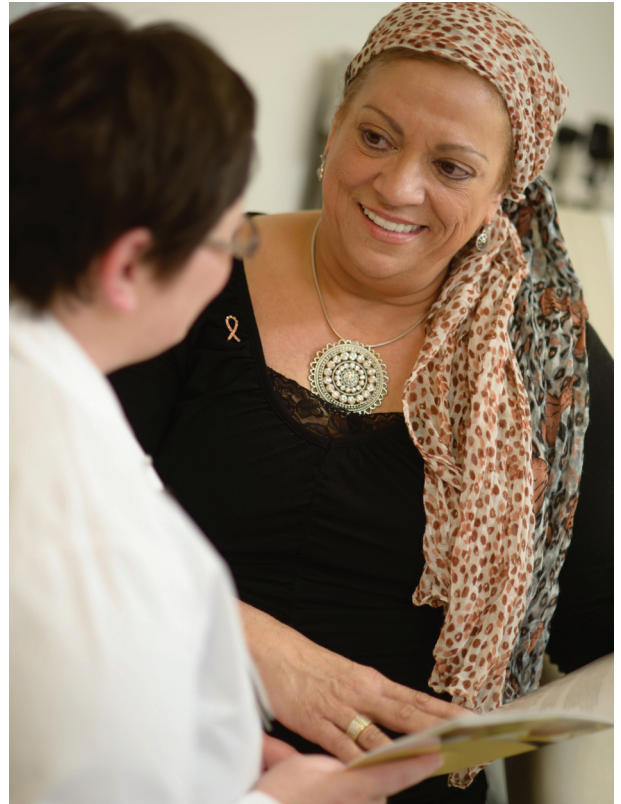


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## Survivorship Care: Moving Beyond Cancer to Wellness



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**T**he Cancer Survivorship Program is for those patients who are transitioning from active cancer treatment to post-treatment and wellness. The program focuses on empowering patients to take an active and positive role in their care. After a thorough assessment, an individualized plan is developed to promote health, reduce the risk of cancer recurrence, and provide education on late side effects, which may occur months or even years after treatment is completed.

### Who provides survivorship care?

You will be seen by a nurse practitioner with special training and experience in the care of patients with cancer. Visits will take place in the Cancer Center. This way, the doctors and nurses who were involved during your active treatment can easily be consulted. Patients will be seen by appointment and will be referred to other team members as needed. If there is any indication of recurrent disease, a referral will be made to the medical and/or surgical oncologist.

### What type of care is provided?

- A personalized treatment summary and survivorship plan of care is given to the patient and his or her primary care doctor/referring doctor.
- A complete physical examination is performed.
- Assessment of late and long-term side effects of cancer treatment are managed by healthcare professionals.
- Psychosocial support is provided to patients and families.
- Screening referrals to detect other cancers are provided.



- Recommendations to promote a healthy lifestyle are given. These include consults to various resources, such as a nutritionist, lymphedema specialist and physical therapist. Referrals to exercise programs, psychosocial counseling, survivorship support groups, smoking cessation, genetic counselors and others may also be suggested.

### When does follow-up care begin?

An appointment for a survivorship consult should occur two to three months after completion of initial therapy to treat your cancer.

### How will my primary care physician be involved?

A summary of your cancer treatment and plan of care will be shared with your primary care physician.

### How do I schedule an appointment?

Your physician can fax a consultation request to the Cancer Survivorship Program at (631) 638-0820. Or you may call to schedule an appointment at (631) 638-1000. For more information, visit [cancer.stonybrookmedicine.edu](http://cancer.stonybrookmedicine.edu).