

How to Place an Order

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specially prepared meal will be served to you within 60 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

Room Number: _____ Date: _____

Name: _____

Diet: _____

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is \$10.00 per person per meal.

Simply visit one of our food establishments

(The Market Place Café or Skyline Deli) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order.

Your guest meal card must be redeemed when your ambassador delivers your meals.

Explanation of Diets

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

Our staff of highly qualified registered dietitians will be happy to provide you with nutrition counseling as needed. For more information, please call 444-1433.

BARIATRIC SOFT DIET:

Your physician has ordered a Bariatric Soft Diet for you. Foods that contain carbohydrates and fats should be limited. Your diet should be focused on foods high in protein.

Our Goals is to exceed your expectations. For this dedication we hope that if your receive a “**Press Ganey Survey**” we earn 5 out of 5 in your rating. If for any reason you would not rate your service a 5, please call or contact your Ambassador right away and let us know how we can improve our service to you.

Please call 8-3463 (8-DINE) to place your meal order

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Distinguished Dining at Stony Brook University Hospital

Room Service Menu

Dial 8-3463 (8-DINE)
between 7 am and 7 pm
to place your breakfast, lunch, and dinner order



Breakfast

BEVERAGES:

Coffee: Regular – Decaffeinated

Tea: Regular – Decaffeinated – Chamomile

Fresh Brewed Iced Tea

Hot Chocolate: Sugar Free

Milk: 1% - Skim – Lactaid

Juice: Tomato –Low Sodium V8

BREAKFAST ENTRÉE'S:

Eggs: Scrambled - Egg Whites - Hard Boiled Egg

FRUITS:

Chilled Fruits: Peaches – Applesauce - Pears

Mandarin Oranges

YOGURT:

Regular: Plain

Lite: Strawberry – Peach

CEREAL:

Hot: Oatmeal – Cinnamon Oatmeal

Cream of Wheat

SIDES:

Graham Crackers– Saltines

CONDIMENTS:

Smart Balance – Diet Jelly -Butter– Salt– Pepper

Lite Cream Cheese -Peanut Butter

Lunch and Dinner: *Choose One Main Course*

Main Course

HOT ENTRÉE'S: *(Ground)*

Chicken Francaise:

Sautéed in a Lemon White Wine Sauce

Oven Roasted Turkey:

Served with Gravy

Broiled Flounder:

Dressed with Garlic Lemon Herb

Salmon:

Home Made Meatloaf:

Served with Gravy

Scrambled Eggs:

Ground Hamburger:

Main Course

COLD PLATES / ENTRÉE SALADS:

Cottage Cheese Plate:

Cottage Cheese and Soft Canned Fruit

Tuna Salad:

Choice of Cracker:

Saltines, Whole Wheat Crackers

BEVERAGES:

Coffee: Regular – Decaffeinated

Tea: Regular – Decaffeinated – Chamomile

Fresh Brewed Iced Tea

Hot Chocolate: Sugar Free

Milk: 1% - Skim – Lactaid

CONDIMENTS:

Smart Balance – Diet Jelly -Butter– Salt– Pepper

Lite Cream Cheese -Peanut Butter-Light Mayo

Soups, Sides, & Desserts

SOUPS:

Soups: Campbell's Tomato Lentil Soup

Broths: Beef – Chicken - Vegetable

SIDES:

CHOICE OF:

Mashed Potatoes – Mashed Sweet Potatoes

Baby Carrots – Green Beans

DESSERTS:

Chilled Fruit: Peaches – Pears – Applesauce

Mandarin Oranges-Bananas

Cookies: Graham Crackers

Gelatin: Sugar Free Strawberry or Orange

Ice Cream: Sugar Free Vanilla

Pudding: Sugar Free Vanilla – Sugar Free

Chocolate