



# Ambulatory Surgery Center Pediatric Pre-Operative Instructions



## ARRIVAL TIME

One Business Day Prior To Surgery, The Staff Will Call You Between 1pm & 6pm To Notify You of Your Arrival Time

## ADDRESS

Ambulatory Surgery Center  
1 Edmund D. Pellegrino Dr.  
Stony Brook NY 11790  
Phone: 631-444-9410



## Fasting

No Solid Food After Midnight or 6 Hours Prior To Procedure.  
No Gum or Candy



## No Formula

For 6 Hours Prior To Procedure



## Breast Milk

May Be Offered Until 4 Hours Prior To Your Arrival Time In Infants Less Than 12 Months.



## Clear Liquids

Such As Pedialyte, Water And Clear Juices Without Pulp Such As Apple Juice, White Grape Juice And Clear Jell-O Should Be Encouraged Until 2 Hours Prior To Arrival .



## No Jewelry

All Piercings Must Be Removed. We Cannot Take Responsibility For Jewelry Brought To The Hospital.



## Wear Glasses/ Hearing Aides



Bring Cases, No Contacts

## Parents

A Parent Needs To Stay At The ASC The Entire Time The Child Is With Us



## Bring Your Co-Pay

## Medications



**Morning Medications** (if applicable) may be taken with sips of water until 30 min. before arriving at the hospital.

## Diabetes

Oral medications for diabetes should NOT be taken the morning of surgery. If your child takes Insulin, please contact your health care provider for specific instructions.

## NSAIDS

Your child should NOT take any anti-inflammatory medications such as Advil, Motrin, or Ibuprofen for 7 days prior to your procedure.. **Tylenol (Acetaminophen) is OK**

## Playroom/Comfort



The ASC is equipped with a playroom for the operative child's enjoyment while waiting for surgery. Items of special comfort can also be brought from home.

## Special Needs Children



Stony Brook Children's is committed to making everyone's surgical experience as pleasant as possible. If your child has special needs, physical or emotional, please let our staff know about them so we can do our best to care for your child.

For Additional Pre-Operative Information:  
Call Our Automated Line (24/7): 631-444-8981 or  
[www.sbdaysurgery.com](http://www.sbdaysurgery.com)

### Pre-Operative Services

Best Wishes For A Speedy Recovery From Your Pre-Operative Team

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