



# Ambulatory Surgery Center Pre-Operative Instructions



## ARRIVAL TIME

One Business Day Prior To Surgery, The Staff Will Call You Between 1pm & 6pm To Notify You of Your Arrival Time

## ADDRESS

Ambulatory Surgery Center  
1 Edmund D. Pellegrino Dr.  
Stony Brook NY 11790  
Phone: 631-444-9410



## Fasting

No Solid Food After Midnight  
No Gum or Candy



## Clear Liquids

You May Drink Clear Liquids (Water/Apple Juice) After Midnight, With Last Glass 2 Hours Prior To Arrival.



## No Alcohol

Within 24 Hours of Surgery



## Driver

You Need Someone To Drive You Home. A Responsible Person Should Stay With You For 24 Hours After Your Procedure.



## Sleep Apnea

Bring Your Mask/Machine



## No Jewelry

All Piercings Must Be Removed. We Cannot Take Responsibility For Jewelry Brought To The Hospital.



## Wear Glasses/ Hearing Aides



Bring Cases, No Contacts



## Bring Photo ID

## Bring Your Co-Pay

## Medications



Morning Medications (if applicable) may be taken with sips of water until 30 min. before arriving at the hospital.

### Diabetes

- Do NOT take any oral medications for diabetes the morning of surgery. If you take Insulin, please contact your health care provider for specific instructions

### Blood Thinners

- If you take Aspirin, Plavix, Effient, Brilinta, Ticlid, Coumadin, Pradaxa, Xarelto or Eliquis, Please contact the prescribing health care provider for specific instructions

### NSAIDS

- Do not take any anti-inflammatory medications such as Advil, Aleve, Motrin, Ibuprofen, Naprosyn, Diclofenac or Meloxicam for 2 days prior to your procedure. Tylenol (Acetaminophen) is ok.

### Supplements

- Please review any herbal supplements at your pre-operative visit. Stop Vitamin E, Fish Oils, Ginkgo Biloba 7 days prior to procedure.

For Additional Pre-Operative Information:  
Call Our Automated Line (24/7): 631-444-8981 or  
[www.sbdaysurgery.com](http://www.sbdaysurgery.com)

### Pre-Operative Services

Best Wishes For A Speedy Recovery From Your Pre-Operative Team

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