

BREAKFAST

BEVERAGES

Coffee: Regular | Decaffeinated

Tea: Regular | Decaffeinated | Chamomile | Fresh-Brewed Unsweetened Iced Tea

Hot Chocolate: Regular | No Sugar Added

Milk: Whole | Skim | Lactaid | Vanilla Soy Milk | Low-Fat Chocolate Milk

Juice: Orange | Apple | Tomato | Cranberry | Prune | V8

Soda: Ginger Ale | Diet Ginger Ale | Seltzer

CONDIMENTS

Butter | Smart Balance | Grape Jelly | Strawberry Jam | Ketchup | Diet Jelly | Cream Cheese | BBQ Sauce | Salt | Pepper
Honey Mustard | Lite Cream Cheese | Peanut Butter | Coffee Creamers | Sugar | Splenda | Equal | Sweet & Low | Syrup
Diet Syrup | Honey Lemon Juice | Herb Seasoning | Salsa | Sour Cream | Mustard | Mayonnaise | Light Mayonnaise

MAIN COURSE (please choose 1)

Eggs: Scrambled | Scrambled Egg Whites | Hard-Boiled Eggs (2)

Omelet: Egg | Egg White

Choice of 4 Toppings: Red Onions | Broccoli | Spinach | Peppers | Mushrooms | American Cheese
Swiss Cheese

Pancakes: Buttermilk | Blueberry | Banana

French Toast: Plain | Blueberry | Banana

EGG SANDWICH

Bread: Kaiser Roll | Whole Wheat Kaiser Roll

Choice of Cheese: American or Swiss

SIDE ITEMS (please choose 4 total)

Whole Fruit: Banana | Orange | Apple | Grapes | Seasonal Melon

Chilled Fruit: Peaches | Pears | Applesauce | Orange Mango Applesauce | Mandarin Oranges
Fruit Salad

YOGURT:

Regular: Vanilla | Strawberry | Plain

Lite : Strawberry | Peach | Vanilla | Blueberry

CEREAL:

Hot: Oatmeal | Cinnamon Oatmeal | Cream of Wheat | Instant Oatmeal | Instant Cream of Wheat

Cold: Rice Krispies | Corn Flakes | Raisin Bran | Rice Chex | Cheerios

BREAKFAST BAKERY (please choose 1 item only):

Muffins: Blueberry | Corn | Low-Fat Blueberry | Low-Fat Banana

Bagels: Plain | Sesame | Everything | Whole Wheat

Breads: White | Wheat | Rye | Kaiser Roll | Whole Wheat Kaiser Roll

ADDITIONAL SIDES

Home Fries | Hard-Boiled Egg | 1/2 portion Scrambled Eggs

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET:

Vegetarian (Lacto-Ovo)

A diet that eliminates meat, poultry, and fish but includes dairy and eggs.

Vegan items are indicated with the  symbol

To place your order, please choose:

One (1) **Main Course**

Up to five (5) **Sides**

Three (3) **Beverages**

1. Dial 8-3463 (8-DINE), or (631) 444-3463 from your cell phone, between the hours of 7am and 7pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specifically prepared meal will be served to you 60-90 minutes of your request.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for your diet. If you are on a special or restricted diet, our Room Service Associate would be happy to assist you with your meal selection. For your safety, we will accept your menu selections after your physician has entered your diet order.

Enjoy Seamless Dining at Your Fingertips!

To get started:

1. Scan the QR code, download, and install the app.
2. Create your account and log in, entering the Facility ID (**sbuh11794**), the patient's Billing ID (or Encounter #), and Date of Birth
3. Start exploring a selection of options to meet your nutritional needs and place your order effortlessly
4. Our self-ordering Patient app may not be suitable for your diet order. Please call our Call Center to speak with a representative who can guide you through your available selections.

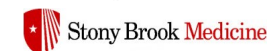


CBORD Patient
The CBORD Group, Inc.
Facility ID: sbuh11794

We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it.

Your opinion counts!



Breakfast Ends Daily at 10:00AM

Limited Items are available all day long. Scrambled Eggs, Omelets, Hard-Boiled Eggs, Cereal and Bagels

LUNCH & DINNER

DIET: Vegetarian (Lacto-Ovo)

MAIN COURSE

Tofu Fajitas (V)

Quesadillas: Black Bean or Plain Cheese

Macaroni & Cheese: Served in a Creamy Cheese Sauce

Fresh Mozzarella, Basil & Tomato Panini

PASTA BAR

Choice of Pasta: Penne | Linguini | Gluten-Free Red Lentil Pasta

Choice of Sauce: Marinara (V) | Butter | Vodka Sauce | Garlic, Extra Virgin Olive Oil & White Wine (V)

Choice of Toppings: Mixed Vegetables | Mushrooms | Tofu

FROM THE GRILL

Black Bean Burger (*contains milk & egg products) | **Grilled Cheese Sandwich**

Choice of Bread: White | Whole Wheat | Seeded Rye | Hamburger Bun

Whole Wheat Burger Bun

Choice of Toppings: Lettuce | Tomato | Sautéed Mushrooms | Sautéed Onions
American Cheese or Swiss Cheese

SHAKE IT UP' SALAD STATION (V)

(Create your own Main Course Gourmet Salad)

Choice of Lettuce: Romaine | Field Greens | Spinach

Choice of (1) Protein: Tofu

Choice of (up to 4) Toppings: Red Onions | Cherry Tomatoes | Bell Peppers
Croutons | Walnuts | Cucumbers | Dried Cranberries | Chickpeas
Sliced Mushrooms | Sunflower Seeds

Dressings: Olive Oil | Red Wine Vinegar | Fat Free Italian | Fat Free Ranch
Light Caesar

PIZZA

Individual Personal Cheese Pizza with:

Choice of Toppings: Plain | Peppers | Mushrooms | Red Onions | Black Olives
Broccoli

COLD PLATES

Fresh Fruit Plate with Vanilla (Regular or Lite) or Plain Yogurt

Cottage Cheese and Fresh Seasonal Fruit Plate

Crudités & Hummus Platter: Fresh Garden Vegetables (Cucumbers, Cherry Tomatoes,
Celery & Carrots) Served with Creamy Hummus Dip (V)

SOUPS, SIDES & DESSERTS

SOUP

Campbell's Cream of Tomato Soup | Lentil Soup | Low-Sodium Tomato Basil Soup

Broth: Vegetable (V)

SIDES

Baked Potato | Dinner Roll | Baked Steak Fries | Mac & Cheese | Mashed Potatoes

Mashed Sweet Potatoes | Brown Rice | Steamed White Rice | Stuffing

Baby Carrots | Broccoli | Corn Green Beans | Cuban Style Black Beans (veg.)

Penne with Marinara Sauce | Penne (Plain) | GF Red Lentil Pasta | Garden Salad

Cottage Cheese | Spanish Slaw | Vegetable Sticks | Cucumber Slices

Macaroni Salad | Potato Salad | Peanut Butter & Crackers | Hummus & Carrots

DESSERTS

Bakery (choose 1): Lemon Pound Cake | Angel Food Cake | Brownie | Cheese Cake
Chocolate Angel Food Cake | Peach Pear Cobbler | Low-Fat Chocolate Mousse

Fruit: Banana | Orange | Apple | Grapes | Seasonal Melon | Peaches | Pears | Applesauce
Orange Mango Applesauce | Mandarin Oranges | Fruit Salad

Cookies: Chocolate Chip | Oatmeal Raisin | Lorna Doones | Fig Newtons | Graham Crackers

Gelatin: (Regular or Sugar-Free) Strawberry | Orange

Ice Cream: Vanilla | Chocolate | No Sugar Added Vanilla | No Sugar Added Chocolate

Fruit Ice (V) : Cherry | Orange | Lemon | No Sugar Added Lemon

Pudding: Vanilla | Chocolate | Rice | No Sugar Added Vanilla | No Sugar Added Chocolate