



Ambulatory Care Pavilion- Level 2
Address: 3 Edmund D. Pellegrino Road, Stony Brook NY.
Our phone number is: 631-444-1759

Preparation for SmartPill (Wireless Motility Test)

1. The test cannot be done if you have any of the following condition(s).

- History of gastric bezoar
- Swallowing problems/disorders
- Suspected or known strictures, fistulas, or physiological/mechanical gastro-intestinal obstruction.
- Gastro-intestinal surgery within the past 3 months.
- Severe difficulty swallowing food or pills.
- Crohn’s Disease or diverticulitis
- Implanted or portable electro-mechanical device such as cardiac pacemaker, defibrillator or infusion pump.
- Scheduled for MRI during and or 2 weeks after the test.

Some food allergies/or intolerance: (natural and artificial flavorings, oats, evaporated cane sugar, canola oil, brown rice syrup, molasses, salt, soy lecithin, whey, corn syrup, sugar, wheat, apples, maltodextrin, sorbitol, partially hydrogenated vegetable oil, honey).

❖ **These are the ingredients in the meal bar that you will be given to eat.**

2. Stop the following medication before and during the test.

Days Before	Medications	Your meds to stop
7 Days	Proton Pump Inhibitors /PPI’s (Nexium, Omeprazole, Aciphex, Pantoprazole, Dexilant etc.)	
2 Days	Histamine Receptor antagonist (Zantac, Pepcid etc.)	
	Prokinetics (Metoclopramide or Reglan, Domperidone, Erythromycin, Azithromycin)	
	Antiemetic agents (anti- vomiting, anti-nausea)	
	Anticholinergic agents (Dicyclomine, Bentyl, Hyoscyamine, Levsin)	
	Laxatives	
	Antidiarrheals	
	Narcotic analgesics (Percocet, Oxycodone, Vicodin etc.)	
	Nonsteroidal anti-inflammatory drugs (NAIDS- Motrin, Naprosyn etc.)	
1 Day	Antacids (Maalox, Tums etc.)	



Stony Brook
Medicine

3. TWENTY FOUR (24) HOURS BEFORE YOUR APPOINTMENT:

Avoid alcohol.

4. EIGHT (8) Hours BEFORE YOUR APPOINTMENT:

No smoking.

Do not eat or drink anything, except for medication you are allowed to take. Take the medication with sips of water if they are due within this 8 hours.

5. If you are a diabetic, take $\frac{1}{2}$ of your insulin dose, unless otherwise instructed by your doctor.

6. On the DAY OF TEST:

Please stop at Patient Registration on Level 2 (in the ACP building) and proceed to “GI Motility” located in the front of the building on Level 2.

7. Please be prepared to spend about 1 hour at this appointment.

8. You will need to return to the GI Motility Center **5 DAYS** later to return the Data Receiver. This appointment will take 5 minutes. You do not need to stop at registration to return the equipment.

9. Please know:

- **You will be asked to continue avoiding the medications you stopped in preparation for this test for the entire duration of the study as well.**
- **You may not drink alcohol during the study.**