



Island Fertility

A LOCATION OF UNIVERSITY ASSOCIATES IN OBSTETRICS & GYNECOLOGY
A PRACTICE OF STONY BROOK COMMUNITY MEDICAL

Semen Production Instructions

Semen samples must be collected by masturbation into a sterile, 4.5 ounce, screw-cap, wide-mouthed specimen container. This can be obtained from Island Fertility or any pharmacy. Samples must be collected using manual stimulation unless you have already obtained a semen collection device with instructions from our office. Intercourse without a semen collection device is prohibited. Condoms should not be used to collect the sample, as they are usually spermicidal. If the sample is obtained outside the office, it must be carried in an inside pocket close to the body to avoid extreme temperature changes and brought to the laboratory within one hour. **Specimens will not be accepted for diagnostic semen analysis without 2-7 days prior abstinence.**

- 1. Print your first and last name and time of collection on the collection container label.**
2. Open the sterile specimen cup, breaking the sterile seal, and place the lid upside down.
3. Wash hands thoroughly.
4. Rinse the head of the penis, foreskin retracted, with water.
5. Do not use soap or water as a lubricant; only sterile mineral oil (which we will provide upon request) may be used.
6. Ejaculate into the specimen cup without touching the interior.
7. Replace the lid and close tightly.
8. Wash hands.
9. Fill out the Semen Production Form.
10. Carry the specimen and the completed form to the laboratory. **Samples will not be accepted without government issued photo ID. Unattended specimens will be discarded.**

Type of Form: Patient Instructions	W:\Read Only\Forms\Semen Production Instructions Only
Original Effective Date: 01/01/2019	Uploaded to eIVF