

BREAKFAST

BEVERAGES

Coffee: Regular | Decaffeinated

Tea: Regular | Decaffeinated | Chamomile | Fresh Brewed Unsweetened Iced Tea

Milk: Whole | Skim | Lactaid

Juice: Apple | Cranberry

Soda: Ginger Ale | Diet Ginger Ale | Seltzer

CONDIMENTS

Butter | Smart Balance | Grape Jelly | Strawberry Jam | Diet Jelly | Cream Cheese | Salt

Pepper | Honey Mustard | Lite Cream Cheese | Coffee Creamers | Sugar

Splenda | Equal | Sweet & Low | Syrup | Diet Syrup | Honey Lemon Juice | Herb Seasoning

Sour Cream | Mustard | Mayonnaise | Light Mayonnaise

MAIN COURSE (please choose 1)

Eggs: Scrambled | Scrambled Egg Whites | Hard-Boiled Eggs (2ea)

Omelet: Egg | Egg White

Choice of 4 Toppings: Red Onions | Broccoli | Peppers | Mushrooms

Turkey | American Cheese or Swiss Cheese

Pancakes: Buttermilk | Blueberry

French Toast: Plain | Blueberry

EGG SANDWICH

Bread: Kaiser Roll

Choice of Cheese: American or Swiss

Choice of Meat: Fresh Sliced Turkey | Sausage Patty

SIDE ITEMS (please choose 4 total)

Whole Fruit: Apple | Grapes

Chilled Fruit: Peaches | Pears | Applesauce | Mandarin Oranges

CEREAL:

Hot: Oatmeal | Cinnamon Oatmeal | Cream of Wheat

Cold: Rice Krispies | Corn Flakes | Rice Chex | Cheerios

BREAKFAST BAKERY (please choose 1 item only):

Bagels: Plain | Sesame | Everything | Whole Wheat

Bread: White | Wheat | Seeded Rye | Kaiser Roll

ADDITIONAL SIDES:

Pork Sausage Patty | Turkey Sausage | Hard-Boiled Egg | 1/2 portion Eggs

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET:

Renal (K4)

Your physician has ordered a potassium restricted diet for you. A sodium, protein, phosphorus and/or fluid restriction may also have been ordered.

To place your order, please choose:

One (1) **Main Course**

Up to Five (5) **Sides**

Three (3) **Beverages**

1. Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone, between the hours of 7am and 7pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specifically prepared meal will be served to you 60-90 minutes of your request.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for your diet. If you are on a special or restricted diet, our Room Service Associate would be happy to assist you with your meal selection. For your safety, we will accept your menu selections after your physician has entered your diet order.

Enjoy Seamless Dining at Your Fingertips!

To get started:

1. Scan the QR code, download, and install the app.
2. Create your account and log in, entering the Facility ID (**sbuh11794**), the patient's Billing ID (or Encounter #), and Date of Birth
3. Start exploring a selection of options to meet your nutritional needs and place your order effortlessly
4. Our self-ordering Patient app may not be suitable for your diet order. Please call our Call Center to speak with a representative who can guide you through your available selections.



CBORD Patient
The CBORD Group, Inc.
Facility ID: sbuh11794

We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it. Your opinion counts!

LUNCH & DINNER

MAIN COURSE

Chicken Francaise: Sautéed in a Lemon & White Wine Sauce

Oven Roasted Turkey with Gravy

Baked Salmon: Served with Garlic & Lemon

Baked White Fish: Oven Roasted with Garlic & Lemon

Homemade Meatloaf with Gravy

Grilled Marinated Chicken Breast

Hot Roast Beef on Ciabatta Roll with Caramelized Onions

Macaroni & Cheese: Served in a Creamy Cheese Sauce

Sliced Roast Beef with Mushroom Gravy

PASTA BAR

Choice of Pasta: Penne | Linguini | Gluten-Free Red Lentil Pasta

Choice of Sauce: Butter | Garlic, Extra Virgin Olive Oil & White Wine

Choice of Toppings: Mixed Vegetables | Mushrooms | Chicken

FROM THE GRILL

Hamburger | Grilled Marinated Chicken | Turkey Burger (*Antibiotic Free!*)

Grilled Cheese Sandwich

Choice of Bread: White | Whole Wheat | Rye | Hamburger Bun

Choice of Toppings: Lettuce | Sautéed Mushrooms | Sautéed Onions | Ham

(**Grilled Cheese Only*) | American Cheese or Swiss Cheese

DELI SPECIALS

Chicken Salad | Tuna Salad | Oven Roasted Turkey | Slow-Cooked Roast Beef

Choice of Bread: White | Whole Wheat | Rye | Kaiser Roll | Tortilla Wrap

Choice of Toppings: Lettuce | Swiss Cheese | American Cheese

DIET: Renal

SIDES & DESSERTS

SIDES

Dinner Roll | Mac & Cheese | Brown Rice | Steamed White Rice

Stuffing | Baby Carrots | Broccoli | Corn | Green Beans

Penne (Plain) | GF Red Lentil Pasta | Garden Salad | Cottage Cheese

Vegetable Sticks | Cucumber Slices | Macaroni Salad

DESSERTS

Bakery (choose 1): Lemon Pound Cake | Angel Food Cake

Peach Pear Cobbler

Fruit: Apple | Grapes | Peaches | Pears | Applesauce

Cookies: Oatmeal Raisin | Lorna Doones | Fig Newtons

Graham Crackers

Gelatin: (Regular or Sugar-Free) Strawberry | Orange

Ice Cream: Vanilla | No Sugar Added Vanilla

Fruit Ice: Cherry | Orange | Lemon | No Sugar Added Lemon

Pudding: No Sugar Added Vanilla | No Sugar Added Rice Pudding