Stony Brook Patient Portal

MyHealtheLife - Stony Brook Medicine Patient Portal

MyHealtheLife is a patient portal that provides you with secure, online access to your personal health information at Stony Brook Medicine powered by CernerHealth. The portal permits you to review details of your own health records and medical history, as well as exchange health-related messages with your doctor.

You can gain access to MyHealtheLife by requesting an invitation to create a MyHealtheLife patient portal account at your next office visit.

Already have access? Login here.

LOGIN

Need technical support with MyHealtheLife? Call (877) 621-8014.

With MyHealtheLife, you can:

Access Your Health Record

Allergies

Procedures

Lab Results

Immunizations

Renew Medications

Message Your Doctor
Send non-urgent health-related messages to your doctor that are secure and private

Request Appointments
Request a non-urgent appointment with your doctor that is best for you

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Welcome to MyHealtheLife - a secure online tool to help you manage your health and wellness. View your health information, message your doctors, and request an appointment, all by clicking on one of the images above. *The best ideas in medicine are shared with our patients!*

Looking for Health Information From a Source You Can Trust?
At Stony Brook Medicine, We Can Help.

We are pleased to announce several new enhancements to MyHealthelife!

- **A New Look!** - With the new design, the Health Record, Messaging, Appointments, and Wellness icons are now located on the left of the dashboard. As always, lab, pathology and radiology results can still be found under the Health Record section
- **Enable Attachments** – You can now send attachments along with your secure message. To send a message go to Messaging -> Inbox -> Send a Message.
- **Preferred Pharmacy** - See a list of recently used pharmacies while completing the Prescription Renewal form in the Medications section under Health Record
- **Patient Friendly Appointment Types** – Upcoming Appointments will now display a more readable format for several most commonly scheduled appointments

COMING SOON! Stony Brook Medicine will offer portal users a way to safely connect some of the health apps you may use (i.e. fitness trackers, dietary trackers, etc.) to your health record. This new process will provide access to your health and wellness data that will help you and your care team to make informed choices. More information will be provided soon!

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