Self Service Password Recovery Registration

1) To initially configure your password recovery method you must visit the following url - http://aka.ms/ssprsetup. You must login using your stonybrookmedicine.edu email address and UHMC password and click next at the prompt below.

![More information required](image)

2) After clicking next, the below screen will appear and you will have the option to set up either phone, email or both.

![don't lose access to your account!](image)
3) Click on ‘Set it up now’ link on the preferred method and enter the information.

4) Click finish to complete the set up.