

PACU Menu

Breakfast - Available 7am to 10am

Cheerios ® & Low-Fat Milk: Served with a banana & lite peach yogurt
Lite Vanilla Yogurt: Served with a kaiser roll & Smart Balance margarine
Scrambled Eggs: Served with steel cut oats, wheat bread, no sugar added jelly, Smart Balance margarine, fruit salad
Plain or Sesame Bagel: Served with cream cheese, hard cooked eggs(2) & fresh fruit salad

Breakfast meals are served with 4oz of skim milk and coffee or tea. Lunch and dinner will be served with ginger ale, patients on carb controlled diets receive products with No added sugar (NSA). Meals are compliant to a Cardiac-Low Sodium diet (**LFLC2gm, Carb60**).

NO SUBSTITUTIONS PLEASE.

Let your nurse know about any food allergies you may have.

Patients with fluid restrictions, food allergies or dysphagia diets will be sent a house tray that complies with their diet order.

Lunch and Dinner - Available 11am to 7pm

Chicken Francese: Served with white rice, seasoned green beans, garden salad & FF italian dressing
Classic Hamburger: (beef burger, bun, lettuce, tomato), served with potato salad, fresh garden salad, FF italian dressing, diced peaches & strawberry geletain (NSA available)

Turkey Sandwhich: Served on wheat bread, LS tomato soup (contains milk), LS crackers, fresh garden salad, FF italian dressing, diced peaches

Fresh Fruit & Yogurt Plate: Seasonal fruit with lite vanilla yogurt, LS chicken & rice, soup, LS saltine crackers, cole slaw, no sugar added Orange Gelatin

Grilled Swiss Cheese Sandwhich: Served on wheat bread with LS tomato soup (contains milk), LS crackers, fresh garden salad, FF italian dressing, diced peaches

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