

NAME: _____

MR #: _____ VISIT DATE: _____

PLEASE ANSWER QUESTIONS IN THIS COLUMN

Phone (Home) # _____ (Cell)# _____

Age : _____ Occupation: _____

Circle handedness: Right _____ Left _____ Ambidextrous _____

Circle marital status: Married _____ Single _____ Divorced _____ Widowed _____

CURRENT HAND, WRIST, or UPPER EXTREMITY COMPLAINT(S) ?

Are You in PAIN ? Yes _____ No _____

PAIN INTENSITY ? Circle 1 2 3 4 5 6 7 8 9 10

Describe complaints: _____

When Problem Started? _____

How Problem Started? _____

Are you working ? Yes _____ No _____

Work Comp Case? Yes _____ No _____ : No Fault ? Yes _____ No _____

Are your complaints getting: Better _____ Worse _____ Staying Same _____

Treatment to Date: _____

PAST HISTORY: Operations: _____

Medical Illnesses: _____

Drug Allergies: _____ Latex Allergy: Yes _____ No _____

Medications: _____

Aspirin: Yes _____ No _____ Blood Thinner: Yes _____ No _____

FAMILY HISTORY: Diabetes: Yes _____ No _____; Heart Dis: Yes _____ No _____

Bleeding Disorder: Yes _____ No _____; Anesthesia reaction: Yes _____ No _____

Cancer: Yes _____ No _____; Dupuytren's Disease: Yes _____ No _____

Who in family if Yes? _____

SOCIAL HISTORY: Smoke: Yes _____ No _____ If Yes, Pack/Day _____

Drink Alcohol: Yes _____ No _____ Amount per week? _____

Hobbies, sports etc. _____

REVIEW of SYSTEMS: Do you have or take medicine for :

Circle correct answer.

Stomach Problem: Yes _____ No _____ Arthritis: Yes _____ No _____

Thyroid Disease: Yes _____ No _____ Heart Disease: Yes _____ No _____

Weight Loss: Yes _____ No _____ Bladder/Prostate Problem: Yes _____ No _____

Neck Injury: Yes _____ No _____ Neck Arthritis/Disk: Yes _____ No _____

Seizures: Yes _____ No _____ Bowel Disease: Yes _____ No _____

Hypertension: Yes _____ No _____ High Cholesterol: Yes _____ No _____

Diabetes: Yes _____ No _____ Gout: Yes _____ No _____ Cancer: Yes _____ No _____

REVIEW of SYSTEMS: Do you have complaints related to :

Head: Yes _____ No _____ Eyes: Yes _____ No _____ Ears: Yes _____ No _____

Nose: Yes _____ No _____ Throat: Yes _____ No _____ Heart: Yes _____ No _____

Lungs: Yes _____ No _____ Abdomen: Yes _____ No _____ Kidney: Yes _____ No _____

Appetite: Yes _____ No _____ Joints: Yes _____ No _____ Other _____

Referring Doctor: _____

Address:(Required) _____

PCP MD: _____

Address:(Required) _____

Patient Name: _____



Additional History Review Points: (+, - or blank)
Locking Digits _____; Trauma _____; Numbness _____; Night Sx's _____
Neck _____; XS Drop _____; Driving Sx's _____; Fine Motor _____; DM _____
Thyroid _____; Weakness _____; Dups Fx _____; Seizures _____; Peyronie's _____
Foot Lumps _____; Stiffness _____; Wrist Click _____; Mass _____;
Enlarging _____; Fluctuating Size _____; Night Pain _____; Wt. Loss _____
Other _____

Examination Notes

Sensation: Right: Med - N AbN; Uln - N AbN; Rad - N AbN
Left: Med - N AbN; Uln - N AbN; Rad - N AbN
Tinel Med R _____ L _____ Tinel Ulnar (E) R _____ L _____ Tinel Uln(G) R _____ L _____
Comp Test R _____ L _____ Phalen Test R _____ L _____ Ulnar Flex Test R _____ L _____
Thenar Atrophy R _____ L _____; 1st D Atrophy R _____ L _____
Thenar Strength R _____ L _____; 1st D Strength R _____ L _____
Finkelstein R _____ L _____; Thumb CMC R _____ L _____
Trigger I R _____ L _____; Trigger II R _____ L _____; Trigger III R _____ L _____
Trigger IV R _____ L _____; Trigger V R _____ L _____
Scaphoid R _____ L _____; S-L R _____ L _____; Watson R _____ L _____
Lunate R _____ L _____; T-L R _____ L _____; Shuck R _____ L _____
TFCC R _____ L _____; McMurray R _____ L _____; ECU R _____ L _____ P-T R _____ L _____
Hook Hamate R _____ L _____; FCR R _____ L _____; FCU R _____ L _____
ROM: R _____ L _____
Other: _____

Xray(Imaging) _____

Ultrasound _____
Diagnoses _____

Plan _____

Consult Request: _____

Return to Work or Gym Date

Xiaflex:Get Drug: Single Dose _____ Double Dose _____

Circle **Right:** I, II, III, IV, V ; **Left:** I, II, III, IV, V & MP PIP DIP

ASC Yes _____ No _____ ; **Clearance** Yes _____ No _____ ; **Anticoag** Yes _____ No _____

Schedule Surgery: Procedure _____

ASC Yes _____ No _____ ; **R** _____ **L** _____ ; **Anticoag** Yes _____ No _____

Clearance Yes _____ No _____ ; **Clearance** by Who? _____

