

NAME:

MR #:

VISIT DATE:

PLEASE ANSWER QUESTIONS IN THIS COLUMN

Phone (Home) # _____ (Cell)# _____
Age : _____ Occupation: _____
Handedness? Right ___ Left ___ Ambidextrous ___
Are You ? Married_ Single _ Divorced_ Widowed _

CURRENT HAND, WRIST, and /or UPPER EXTREMITY COMPLAINT(S) ?

Are You in PAIN ? Yes ___ No ___
PAIN INTENSITY ? Circle 1 2 3 4 5 6 7 8 9 10
Additional Hand/Arm Complaints? _____

When Problem Started? _____
How Problem Started? _____
Work Comp Case? Yes___No___: No Fault? Yes___No___
Are You currently: Better? ___ Worse?___ Same?_____
Treatment to Date? _____

PAST HISTORY: Operations _____

Medical Illness: _____
Drug Alleries: _____ Latex Allergy Yes ___ No ___
Medications: _____
Aspirin Yes___ No___ ; Blood Thinner Yes___ No___

FAMILY HISTORY:Diabetes Yes___No___ ; Heart Yes___No___

Bleding Disorder Yes___No___ ; Anesthesia reaction Yes___No___
Cancer Yes___No___ ; Dupuytren's Disease Yes___No___
Who in family if Yes? _____

SOCIAL HISTORY: Smoke Yes___ No___ If Yes Pack/Day _____

Drink alcohol? Yes___ No___ Amount per week? _____
Hobbies, sports etc. _____

Review of Systems: Do you have or take medicine for ?

Stomach Problem Yes___ No___ ; Arthritis Yes___ No___
Thyroid Disease Yes___ No___ ; Heart Disease Yes___ No___
Weight Loss Yes___ No___ ; Bladder/Prostate Problem Yes___ No___
Neck Injury Yes___ No___ ; Neck Arthritis/Disk Yes___ No___
Diabetes Yes___ No___ ; Gout Yes___ No___ ; Cancer Yes___ No___
Seizures Yes___ No___ ; Bowel Disease Yes___ No___
Hypertension Yes___ No___ ; High Cholesterol Yes___ No___

Review of Systems: Do you have complaints related to ?

Head Yes___ No___ ; Eyes Yes___ No___ ; Ears Yes___ No___
Nose Yes___ No___ ; Throat Yes___ No___ ; Heart Yes___ No___
Lungs Yes___ No___ ; Abdomen Yes___ No___ ; Kidney Yes___ No___
Appetite Yes___ No___ ; Other Joints Yes___ No___
Other Medical Problem: _____

Additional History Review Points: (+,- or blank)

Locking Digits ___ ; Trauma ___ ; Numbness___ ; Night Sx's ___
Neck ___ ; XS Drop ___ ; Driving Sx's ___ ; Fine Motor ___ ; DM___
Thyroid___ ; Weaknes ___ ; Dups Fx ___ ; Seizures ___ ; Peyronie's ___
Foot Lumps ___ ; Stiffness___ ; Wrist Click ___ ; Mass ___ ;
Enlarging ___ ; Fluctuating Size ___ ; Night Pain___ ; Wt. Loss___
Other _____

EXAMINATION NOTES

Sensation: R _____ L _____
Tinel Med R___ L___ Tinel Ulnar (E) R___ L___ Tinel Uln(G) R___ L___
Comp Test R___ L___ Phalen Test R___ L___ Ulnar Flex Test R___ L___
Thenar Atrophy R___ L___ ; 1st D Atrophy R___ L___
Thenar Strength R___ L___ ; 1st D Strength R___ L___
Finckelstein R___ L___ ; Thumb CMC R___ L___
Trigger I R___ L___ ; Trigger II R___ L___ ; Trigger III R___ L___
Trigger IV R___ L___ ; Trigger V R___ L___
Scaphoid R___ L___ ; S-L R___ L___ ; Watson R___ L___
Lunate R___ L___ ; T-L R___ L___ ; Shuck R___ L___
TFCC R___ L___ ; McMurray R___ L___ ; ECU R___ L___ P-T R___ L___
Hook Hamate R___ L___ ; FCR R___ L___ ; FCU R___ L___
ROM: R _____ L _____
Other: _____

Xray(Imaging) _____

Ultrasound _____

Diagnoses _____

Plan _____

Return to Work or Gym Date _____

Xiaflex:Get Drug: Single Dose ___ Double Dose ___
Circle **Right:** I, II, III, IV, V ; **Left:** I, II, III, IV, V & MP PIP DIP
ASC Yes___No___ ; **Clearance** Yes___No___ ; **Anticoag** Yes___No___

Schedule Surgery: Procedure _____

ASC Yes___ No___ ; **R** ___ **L** ___ ; **Anticoag** Yes___ No___
Clearance Yes___No___ ; **Clearance** by Who? _____



Anne Meo, DO
Admin Assistant (631) 444-8013

