

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET:

Kosher

If you have any questions regarding our Kosher services, please contact your nurse who can direct you to the Hospital's Jewish Chaplain and Rabbi at:
(631) 786-6535

1. Dial 8 -DINE (extension 8-3463) between the hours of 7 am and 7 pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specially prepared meal will be served to you within 60 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it. Your opinion counts!

9/23

NAME: _____

ROOM #: _____

DATE: _____



Breakfast

BEVERAGES

Coffee (Instant) : Regular | Decaffeinated

Tea: Chamomile

Hot Chocolate: Regular

Milk: Whole | Skim | Lactaid | Vanilla Soy Milk | Low-Fat Chocolate Milk

Juice: Orange | Apple | Tomato | Cranberry | Prune

Soda: Ginger Ale | Diet Ginger Ale | Seltzer

CONDIMENTS

Butter | Smart Balance | Grape Jelly | Strawberry Jam | Ketchup | Diet Jelly | Cream Cheese

Salt | Pepper | Honey Mustard | Lite Cream Cheese | Peanut Butter | Coffee Creamers

Sugar | Splenda | Equal | Sweet & Low | Diet Syrup | Honey | Herb Seasoning | Salsa

Sour Cream | Mustard | Mayonnaise Light Mayonnaise

MAIN COURSE (please choose 1)

Egg Omelet: Served with Diced Home-Fried Potatoes

Texas-Style French Toast with Maple Spread

FRUIT

Banana | Orange | Apple Applesauce

YOGURT

Regular: Vanilla | Strawberry | Plain

Lite: Strawberry | Peach | Vanilla | Blueberry

COLD CEREAL

Corn Flakes | Crispy Rice | Cheerios | Raisin Bran | Rice Chex

BREAKFAST BAKERY

Bagel: Lender's Plain Bagel

Bread: White | Wheat | Wheat Dinner Roll

Lunch & Dinner

KOSHER MEAL PACKS

The following entrees are pre-packaged frozen kosher items that are heated in our microwave.

Roasted Chicken: Served with Roasted Potatoes & Green Beans

Yankee-Style Pot Roast: Served with Bowtie Noodles, Green Beans & Sliced Carrots

Roasted Turkey: Served with Sweet Potatoes & Green Peas

Salisbury Steak: Served with Creamy Mashed Potatoes, Green Peas & Carrots

Baked Fish with Lemon: Served with Rice Pilaf & Green Beans

Vegetable-Stuffed Pepper: Served with Penne Pasta, Green Beans & Carrots
Tuna (Individual Portion)

Bruno's™ Specialty Foods Gluten-Free Cheese Lasagna: Cheese Lasagna served with Peas & Mushrooms

Bruno's™ Specialty Foods Gluten-Free Baked Ziti:

Baked Ziti served with Peas & Carrots

Chicken of the Sea™ Tuna (Individual Packets)

DESSERTS:

Cookies: Lorna Doone | Fig Newtons | Graham Crackers

Kozy Shack™ Kosher (Pareve) Gelatin: (Regular or Sugar-Free) Strawberry Orange

Kozy Shack™ Pudding: Chocolate | Vanilla | Rice | No Sugar Added Chocolate
No Sugar Added Vanilla | No Sugar Added Rice Pudding

Ice Cream: No Sugar Added Vanilla | No Sugar Added Chocolate

Italian Ice: Cherry | Orange | Lemon | No Sugar Added Lemon