

# LGBTQ+ Support & Stress Management Therapy Group

a group for **queer and trans folks age 18+**

led by queer-identified and affirming therapists, this group provides a space to **process challenging experiences**, **develop evidence-based skills** to manage stress and uncertainty, and **build community support!**

group meets weekly via Zoom for Business, a secure videoconferencing platform open only to members

**interested?** complete [this brief survey](#) or use the QR code →  
OR email [krasnercenter@stonybrook.edu](mailto:krasnercenter@stonybrook.edu)



Krasner Psychological Center  
**Stony Brook University**

**WHAT:** Virtual therapy group for queer and trans folks age 18+

**WHERE:** Online via Zoom Business, a secure videoconferencing platform open only to group members

**WHEN:** Mondays or Tuesdays 6-7 PM (TBD) through August 2025

**COST:** \$50 total (\$5/session, \$10 individual intake interview)

**INTERESTED?** Complete the [survey](#) or contact [krasnercenter@stonybrook.edu](mailto:krasnercenter@stonybrook.edu) for more information.