

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

NAME: _____

ROOM #: _____

DATE: _____

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET:

IDDSI Level 3 (Loose Puree, Thickened Liquids)

Your physician has ordered a Dysphagia diet for you. Dysphagia diets are designed for problems with chewing and/or swallowing. Additionally your physician may have ordered thickened liquids to a mildly thick (2) or moderately thick (3) consistency. The International Dysphagia Diet Standardization Initiative (IDDSI), has developed a global standardized way of describing foods and drinks that are safest for people with chewing or swallowing problems. The IDDSI framework consists of 8 levels (0 - 7), where drinks are measured from Levels 0 - 4, while foods are measured from Levels 3 - 7.

To place your order, please choose:

One (1) **Main Course**

Up to Five (5) **Sides**

Three (3) **Beverages**

1. Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone, between the hours of 7am and 7pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specifically prepared meal will be served to you 60-90 minutes of your request.

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Enjoy Seamless Dining at Your Fingertips!

To get started:

1. Scan the QR code, download, and install the app.
2. Create your account and log in, entering the Facility ID (**sbuh11794**), the patient's Billing ID (or Encounter #), and Date of Birth
3. Start exploring a selection of options to meet your nutritional needs and place your order effortlessly
4. Our self-ordering Patient app may not be suitable for your diet order or unit. Please call our Call Center to speak with a representative who can guide you through your available selections.



CBORD Patient (US)
The CBORD Group, Inc.
Facility ID: sbuh11794

BREAKEAKFAST

THICKENED BEVERAGES

Juice: Orange | Apple | Cranberry

Coffee: Decaffeinated

Tea: Decaffeinated (hot) | Iced Tea

Peach-Mango Beverage (Sugar-Free)

Thickened Dairy Drink (Reduced Fat Milk)

Water with Lemon

CONDIMENTS

Butter | Smart Balance | Grape Jelly | Strawberry Jam | Diet Jelly | Syrup

Diet Syrup | Honey | Ketchup | BBQ Sauce | Sour Cream| Salt| Pepper

Sugar | Splenda | Equal | Sweet & Low

CEREAL

Cream of Wheat| Cream of Rice | Oatmeal | Cinnamon Oatmeal

FRUITS (Baby Food)

Applesauce | Pears | Bananas | Peaches

YOGURT

Regular: Vanilla | Plain

Lite: Vanilla

PUDDING

Chocolate | Vanilla| No Sugar Added Chocolate | No Sugar Added Vanilla

LUNCH & DINNER

MAIN COURSE (Pureed)

Chicken Francaise with Gravy

Oven Roasted Turkey with Gravy

Roast Beef Served with Gravy

Roasted Chicken Breast Served with Gravy

SOUPS, SIDES & DESERTS

SIDES (Baby Food)

Carrots| Green Beans | Peas | Sweet Potato

DESSERT

Pudding:

Vanilla | Chocolate | No Sugar Added Vanilla | No Sugar Added Chocolate

FRUITS (Baby Food)

Applesauce | Pears | Bananas | Peaches