How to Place an Order

- 1. Dial8-DINE(extension8-3463)betweenthehours of 7 am and 7 pm.
- 2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
- 3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections

Room Number: Date:

Name:

Diet:

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is \$10.00 per person per meal. Simply visit one of our food establishments (The Market Place Café) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order. Your quest meal card must be redeemed when your ambassador delivers your meals.

Explanation of Diets

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET: IDDSI level 5 & level 6

MINCED & MOIST or SOFT & BITE SIZE

With Thin Liquids

Your physician has ordered a Dysphagia diet for you. Dysphagia diets are designed for problems with chewing and/or swallowing.

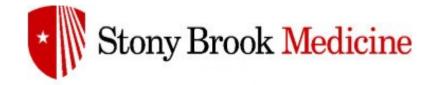
The International Dysphagia Diet Standardization Initiative (IDDSI), has developed a global standardized way of describing foods and drinks that are safest for people with chewing or swallowing problems.

The IDDSI framework consists of 8 levels (o - 7), where **drinks** are measured from Levels o - 4, while **foods** are measured from Levels 3 – 7.

We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it. Your opinion counts!

Please call 8-3463 (8-DINE) to place your meal order 7/23



Dial 8-3463 (8-DINE) between 7 am and 7 pm to place your breakfast, lunch, and dinner order



Distinguished Dining at Stony Brook University Hospital

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Room Service Menu

Stony Brook Medicine

Breakfast

Lunch, Dinner, and Dessert

Beverages

Coffee: Regular | Decaffeinated Tea: Regular | Decaffeinated | Chamomile | Fresh-Brewed Iced Tea Hot Chocolate: No Added Sugar

Milk: Whole | Skim | Lactaid | Vanilla Soy | Soy Soda: Diet Ginger Ale | Seltzer Juice: V8 | Tomato

Breakfast Entrees: Soft and Bite Sized

Pureed Scrambled Eggs Diced French Toast Pureed Pork Sausage Diced Cheese Omelet Diced Breakfast Potatoes Breakfast Entrees: Minced and Moist

Pureed Scrambled Eggs Minced French Toast Pureed Pork Sausage Cereal: Suitable for Both Diets Hot: Baby Oatmeal | Cream of Wheat | Cream of Rice |

Baby Rice Cereal Pureed Cold Cereal: Raisin Bran | Corn Flakes

Fruits: Soft and Bite Sized

Fruits: Peaches | Applesauce | Pears Minced and Moist Diet (fruits will be pureed)

Yogurt:

Regular: Plain | Vanilla | Strawberry Lite: Blueberry | Vanilla | Peach | Strawberry

Condiments

Butter | Smart Balance | Diet Jelly | Syrup | Diet Syrup | Equal | Sweet & Low | Herb Seasoning Packet | Cream Cheese | Lite Cream Cheese | Lemon Juice | Coffee Creamer | Ketchup | Mayonnaise | Lite Mayonnaise | Pepper | Salt | Sour Cream | Milk for Coffee

Main Course

(Choose One)

** Please note, individuals on a soft and bite sized diet may choose from the minced and moist options, however those on minced and moist may not choose from soft and bite sized.**

Hot Entrée: Minced and Moist Minced Chicken with a Lemon Francaise Sauce Minced Oven Roasted Turkey with Gravy Minced Roast Beef Served with Gravy Minced Beef Meatloaf Served with Gravy Minced Vegetable Lasagna (GF) **Minced Chicken Enchiladas Minced Chicken Parmesan**

Minced Chicken with Gravy

Minced Tofu

Pepe Pasta

-Vodka Sauce

-Meat Sauce

-Marinara Sauce

-Butter Sauce

-Cheese Sauce

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Minced Seafood Casserole

Sides: Minced and Moist

Pepe Pasta & Cheese Sauce | Mashed Potatoes | Mashed Sweet Potatoes | Pureed Stuffing | Moist Rice | Pureed Carrots | Minced Broccoli | Minced Green Beans | Pepe Pasta & Marinara Sauce | Pepe Pasta | Pureed Broccoli | Pureed Cuban Style **Black Beans**

Pasta with Choice of Sauce: Suitable for **Both Diets**

-Garlic & Extra Virgin Olive Oil & a Touch of White Wine

Apple Pie (Minced) **Pudding**: Vanilla | Chocolate | Rice Pudding Sugar-free Vanilla | Sugar-Free Chocolate | Sugar-Free Rice Pudding Fruits: Peaches | Pears | Applesauce Ice Cream: Vanilla | Chocolate | Sugar-free Vanilla | Sugar-Free Chocolate Italian Ices: Cherry | Lemon | Orange | Sugar-Free Lemon Gelatin: (Regular or Sugar Free) Strawberry | Orange

Dial 8-3463 (8-DINE) from 7 am to 7 pm to place your order

Hot Entrée: Soft and Bite Sized **Diced Chicken with a Lemon Francaise Sauce Diced Pot Roast Served with Gravy Diced Beef Meatloaf** Served with Gravy **Diced Oven Roasted Turkey** Served with Gravy **Diced Chicken Enchiladas Diced Vegetable Lasagna (GF) Diced Seafood Casserole**

Sides: Soft and Bite Sized

Pepe Pasta & Cheese Sauce | Mashed Potatoes | Mashed Sweet Potatoes | Pureed Stuffing | Moist Rice | Diced Carrots | Minced Broccoli | Minced Green Beans

Cold Entrée: Suitable for Both Diets Hummus | Tuna Salad | Egg Salad | Chicken Salad

Soups & Broths Tomato Basil | Cream of Tomato | Beef Broth | Chicken Broth | Vegetable Broth

Desserts: Suitable for Both Diets

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