

How to Place an Order

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections

Room Number: _____ Date: _____

Name: _____

Diet: _____

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is \$10.00 per person per meal. Simply visit one of our food establishments (The Market Place Café) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order. Your guest meal card must be redeemed when your ambassador delivers your meals.

Explanation of Diets

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

**DIET: IDDSI level 5 & level 6
MINCED & MOIST or SOFT & BITE SIZE
With Thin Liquids**

Your physician has ordered a Dysphagia diet for you. Dysphagia diets are designed for problems with chewing and/or swallowing.

The International Dysphagia Diet Standardization Initiative (IDDSI), has developed a global standardized way of describing foods and drinks that are safest for people with chewing or swallowing problems.

The IDDSI framework consists of 8 levels (0 - 7), where **drinks** are measured from Levels 0 - 4, while **foods** are measured from Levels 3 - 7.

We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it. Your opinion counts!

Please call 8-3463 (8-DINE) to place your meal order
7/23



Distinguished Dining at Stony Brook University Hospital



Room Service Menu

**Dial 8-3463 (8-DINE)
between 7 am and 7 pm**
to place your breakfast, lunch, and dinner order



Breakfast

Beverages

Coffee: Regular | Decaffeinated

Tea: Regular | Decaffeinated | Chamomile | Fresh-Brewed Iced Tea

Hot Chocolate: No Added Sugar

Milk: Whole | Skim | Lactaid | Vanilla Soy | Soy

Soda: Diet Ginger Ale | Seltzer

Juice: V8 | Tomato

Breakfast Entrees: Soft and Bite Sized

Pureed Scrambled Eggs

Diced French Toast

Pureed Pork Sausage

Diced Cheese Omelet

Diced Breakfast Potatoes

Breakfast Entrees: Minced and Moist

Pureed Scrambled Eggs

Minced French Toast

Pureed Pork Sausage

Cereal: Suitable for Both Diets

Hot: Baby Oatmeal | Cream of Wheat | Cream of Rice | Baby Rice Cereal

Pureed Cold Cereal: Raisin Bran | Corn Flakes

Fruits: Soft and Bite Sized

Fruits: Peaches | Applesauce | Pears

Minced and Moist Diet (fruits will be pureed)

Yogurt :

Regular: Plain | Vanilla | Strawberry

Lite: Blueberry | Vanilla | Peach | Strawberry

Condiments

Butter | Smart Balance | Diet Jelly | Syrup | Diet Syrup | Equal | Sweet & Low | Herb Seasoning Packet | Cream Cheese | Lite Cream Cheese | Lemon Juice | Coffee Creamer | Ketchup | Mayonnaise | Lite Mayonnaise | Pepper | Salt | Sour Cream | Milk for Coffee

Lunch, Dinner, and Dessert

Main Course

(Choose One)

** Please note, individuals on a soft and bite sized diet may choose from the minced and moist options,

however those on minced and moist may **not** choose from soft and bite sized.**

Hot Entrée: Minced and Moist

Minced Chicken with a Lemon Francaise Sauce

Minced Oven Roasted Turkey with Gravy

Minced Roast Beef Served with Gravy

Minced Beef Meatloaf Served with Gravy

Minced Vegetable Lasagna (GF)

Minced Chicken Enchiladas

Minced Chicken Parmesan

Minced Chicken with Gravy

Minced Tofu

Minced Seafood Casserole

Sides: Minced and Moist

Pepe Pasta & Cheese Sauce | Mashed Potatoes | Mashed Sweet

Potatoes | Pureed Stuffing | Moist Rice | Pureed Carrots |

Minced Broccoli | Minced Green Beans | Pepe Pasta & Marinara

Sauce | Pepe Pasta | Pureed Broccoli | Pureed Cuban Style

Black Beans

Hot Entrée: Soft and Bite Sized

Diced Chicken with a Lemon Francaise Sauce

Diced Pot Roast Served with Gravy

Diced Beef Meatloaf Served with Gravy

Diced Oven Roasted Turkey Served with Gravy

Diced Chicken Enchiladas

Diced Vegetable Lasagna (GF)

Diced Seafood Casserole

Sides: Soft and Bite Sized

Pepe Pasta & Cheese Sauce | Mashed Potatoes |

Mashed Sweet Potatoes |

Pureed Stuffing | Moist Rice | Diced Carrots | Minced Broccoli

| Minced Green Beans

Pasta with Choice of Sauce: Suitable for Both Diets

Pepe Pasta

-Vodka Sauce

-Meat Sauce

-Marinara Sauce

-Butter Sauce

-Garlic & Extra Virgin Olive Oil & a Touch of White Wine

-Cheese Sauce

Cold Entrée: Suitable for Both Diets

Hummus | Tuna Salad | Egg Salad | Chicken Salad

Soups & Broths

Tomato Basil | Cream of Tomato | Beef Broth | Chicken Broth | Vegetable Broth

Desserts: Suitable for Both Diets

Apple Pie (Minced)

Pudding: Vanilla | Chocolate | Rice Pudding
Sugar-free Vanilla | Sugar-Free Chocolate | Sugar-Free Rice Pudding

Fruits: Peaches | Pears | Applesauce

Ice Cream: Vanilla | Chocolate | Sugar-free Vanilla | Sugar-Free Chocolate

Italian Ices: Cherry | Lemon | Orange | Sugar-Free Lemon

Gelatin: (Regular or Sugar Free) Strawberry | Orange