

Breakfast - Available 7am to 10am

Beverages *May not be compliant for all diets

Coffee: Regular or Decaf

Tea: Regular | Decaf | Chamomile | Iced Tea

Hot Chocolate: Regular or No Sugar Added

Milk: Whole | Skim | Lactaid® | Vanilla Soy | Low Fat Chocolate

Juice: Orange | Apple | Cranberry | Prune | V8® (Low Sodium)

Soda: Ginger Ale | Diet Ginger Ale | Seltzer

Thickened Beverages

Juice: Apple | Cranberry | Peach Mango (Sugar Free) | Orange

Thickened Dairy Beverages | Coffee | Tea/Iced Tea | Water with Lemon

Condiments

BBQ Sauce | Butter | Coffee Creamer | Cream Cheese | Diet Jelly | Diet Syrup | Equal

Grape Jelly | Herb Seasoning | Honey | Honey Mustard | Ketchup | Lemon Juice | Light Cream Cheese

Light Mayonnaise | Mayonnaise | Milk PC | Mustard | Parmesan Cheese* | Peanut Butter | Pepper

Salsa* | Salt | Smart Balance | Sour Cream | Splenda | Strawberry Jam | Sugar | Sweet & Low | Syrup

Desserts *NSA= No Sugar Added (Contains Splenda®)

Apple Pie

Pureed Fruit: Applesauce | Banana | Peaches | Pears

Fruit Ice: Cherry | Lemon | No Sugar Added Lemon* | Orange

Gelatin (Regular or NSA)*: Strawberry | Orange

Ice Cream (Regular or NSA): Chocolate | Vanilla

Pudding (Regular or NSA): Chocolate | Vanilla | Rice

Breakfast - Available 7am to 10am

Please Choose 1 Main Course

Level 6: Soft and Bite Sized

Pureed Scrambled Eggs | Diced French Toast | Pureed Pork Sausage

Diced Cheese Omelet | Diced Breakfast Potatoes

Level 5: Minced & Moist

Pureed Scrambled Eggs | Minced French Toast | Pureed Pork Sausage

Sides (Choose up to 4 Items)

FRUIT

Applesauce | Banana | Peaches | Pears

YOGURT

Light Blueberry | Light Peach | Light Strawberry | Light Vanilla | Strawberry | Vanilla | Plain

CEREAL

Hot: Cinnamon Oatmeal | Cream of Wheat Steel Cut Oatmeal | Cream of Rice Cereal

Cold: Pureed Corn Flakes | Pureed Rasin Bran

IDDSI Level 6: Soft & Bite Sized

IDDSI Level 5: Minced & Moist

Lunch and Dinner - Available 11am to 7pm

Main Course

Level 6: Soft & Bite Sized

Diced Chicken Francaise: served with a lemon & white wine sauce

Diced Pot Roast: served with gravy

Diced Meatloaf: served with gravy

Diced Oven Roasted Turkey: served with gravy

Diced Seafood Casserole: white fish, garlic and lemon

Diced Turkey Meatloaf

Diced Chicken & Vegetables

Level 5: Minced & Moist

Minced Chicken Francaise: served with a lemon & white wine sauce

Minced Oven Roasted Turkey: served with gravy

Minced Beef: served with gravy

Minced Meatloaf: served with gravy

Minced Vegetable Lasagna (GF)

Minced Chicken Parmesan

Minced Chicken with Gravy

Minced Tofu: served with rice and vegetables

Minced Seafood Casserole: white fish, garlic and lemon

Deli

Tuna Salad | Egg Salad

Soups & Sides

Soup* *May not be compliant for all diets*

Low Sodium Tomato Soup

Broth: Beef | Chicken | Vegetable

Sides

Level 5: Minced & Moist:

Pureed Carrots | Minced Broccoli | Pureed Stuffing

Mashed Potatoes | Minced Green Beans

Mashed Sweet Potatoes | White Rice

Pepe Pasta with Marinara Sauce

Pepe Pasta with Cheese Sauce

Level 6: Soft & Bite Sized:

Chopped Broccoli | Diced Carrots | Pureed Stuffing | Minced Green Beans

Pepe Pasta with Cheese Sauce | Mashed Potatoes | Mashed Sweet Potatoes

Pepe Pasta (plain) | Pepe Pasta with Marinara Sauce | White Rice

For your health and safety, we will accept your menu selections only after your physician has entered your diet order.