

À la carte

Served All Day

Beverages*

Coffee: Regular or Decaf

Tea: Regular, Decaf, Chamomile, Iced Tea

Hot Chocolate: Regular or No Sugar Added

Milk: Whole, Skim, Lactaid®, Vanilla Soy, Low Fat Chocolate

Juice: Orange, Apple, Cranberry, Prune, V8®(Low Sodium)

Soda: Ginger Ale, Diet Ginger Ale, Seltzer

Thickened Beverages

Juice: Apple, Cranberry, Orange, Peach Mango (Sugar Free)

Dairy Beverages, Coffee, Tea/Iced Tea, Water with Lemon

Condiments

BBQ Sauce, Butter, Diet Syrup, Equal®, Herb Seasoning, Honey, Honey Mustard, Ketchup, Pepper, Salt, Splenda®, Sugar, Sweet & Low®, Syrup

Desserts NSA= No Sugar Added (Contains Splenda®)

Pureed Apple Pie

Pureed Fruit: Applesauce, Banana, Mango Orange Applesauce, Peaches, Pears

Pudding (Regular or NSA): Chocolate, Vanilla, Rice

Fruit Ice*: Cherry, Lemon, No Sugar Added Lemon, Orange

Ice Cream (Regular or NSA)*: Chocolate, Vanilla

Items with the asterisk (*)are not allowed unless diet permits

IDDSI Level 4: Pureed

Breakfast - Available 7am to 10am

Entrees:

Pureed Scrambled Eggs

Pureed French Toast

Sides:

Pureed Pork Sausage

Yogurt (Regular or Light)

Vanilla, Plain

Fruit

Applesauce, Banana

Peaches, Pears

Cereal:

Hot: Cinnamon Oatmeal, Oatmeal, Cream of Wheat, Cream of Rice

Cold: Pureed Corn Flakes, Pureed Rasin Bran

Lunch and Dinner- Available 11am to 7pm

Entrees:

Chicken Francaise: Served with a Lemon White Wine Sauce

Chicken Parmeasan

Roast Beef (served with or without gravy)

Roasted Chicken Breast (served with or without gravy)

Oven Roasted Turkey (served with or without gravy)

Homemade Meatloaf (served with or without gravy)

Soups & Sides

Soup: LS Tomato Basil, *Beef Broth, *Chicken Broth, *Vegetable Broth

Sides: Broccoli, Carrots, Green Beans, Homemade Mashed Potatoes, Peas, Pasta (plain), Pasta with Cheese Sauce, Mashed Sweet Potato, Stuffing

For your health and safety, we will accept your menu selections only after your physician has entered your diet order.