

## À la carte

### Served All Day

#### Beverages\*

**Coffee:** Regular or Decaf

**Tea:** Regular, Decaf, Chamomile, Iced Tea

**Hot Chocolate:** Regular or No Sugar Added

**Milk:** Whole, Skim, Lactaid®, Vanilla Soy, Low Fat Chocolate

**Juice:** Orange, Apple, Cranberry, Prune, V8® (Low Sodium)

**Soda:** Ginger Ale, Diet Ginger Ale, Seltzer

#### Thickened Beverages

**Juice:** Apple, Cranberry, Orange, Peach Mango (Sugar Free)

Dairy Beverages, Coffee, Tea/Iced Tea, Water with Lemon

#### Condiments

BBQ Sauce, Butter, Diet Syrup, Equal®, Herb Seasoning, Honey, Honey Mustard, Ketchup, Pepper, Salt, Splenda®, Sugar, Sweet & Low®, Syrup

#### Desserts NSA= No Sugar Added (Contains Splenda®)

##### **Pureed Apple Pie**

**Pureed Fruit:** Applesauce, Banana, Mango Orange Applesauce, Peaches, Pears

**Pudding (Regular or NSA):** Chocolate, Vanilla, Rice

**Fruit Ice\*:** Cherry, Lemon, No Sugar Added Lemon, Orange

**Ice Cream (Regular or NSA)\*:** Chocolate, Vanilla

Items with the asterisk (\*) are not allowed unless diet permits

*For your health and safety, we will accept your menu selections only after your physician has entered your diet order.*

## IDDSI Level 4: Pureed

### Breakfast - Available 7am to 10am

#### Entrees:

Pureed Scrambled Eggs

Pureed French Toast

#### Sides:

Pureed Pork Sausage

Yogurt (Regular or Light)

Vanilla, Plain

#### **Fruit**

Applesauce, Banana

Peaches, Pears

#### Cereal:

**Hot:** Cinnamon Oatmeal, Oatmeal, Cream of Wheat, Cream of Rice

**Cold:** Pureed Corn Flakes, Pureed Rasin Bran

### Lunch and Dinner- Available 11am to 7pm

#### Entrees:

Chicken Francaise: Served with a Lemon White Wine Sauce

Chicken Parmesan

Roast Beef (served with or without gravy)

Roasted Chicken Breast (served with or without gravy)

Oven Roasted Turkey (served with or without gravy)

Homemade Meatloaf (served with or without gravy)

#### Soups & Sides

**Soup:** LS Tomato Basil, \*Beef Broth, \*Chicken Broth, \*Vegetable Broth

**Sides:** Broccoli, Carrots, Green Beans, Homemade Mashed Potatoes, Peas, Pasta (plain), Pasta with Cheese Sauce, Mashed Sweet Potato, Stuffing