

# À la carte

## Served All Day

### Beverages\*

**Coffee:** Regular or Decaf

**Tea:** Regular | Decaf | Chamomile | Iced Tea

**Hot Chocolate:** Regular or No Sugar Added

**Milk:** Whole | Skim | Lactaid® | Vanilla Soy | Low Fat Chocolate

**Juice:** Orange | Apple | Cranberry | Prune | V8® (Low Sodium) | Tomato

**Soda:** Ginger Ale | Diet Ginger Ale | Seltzer

### Thickened Beverages

**Juice:** Apple | Cranberry | Peach Mango (Sugar Free) | Orange Thickened  
Dairy Beverages | Coffee | Tea/Iced Tea | Water with Lemon

### Condiments

BBQ Sauce | Butter | Diet Syrup | Equal | Herb Seasoning | Honey  
| Honey Mustard | Ketchup | Pepper | Salt | Smart Balance |  
Splenda | Sugar | Sweet & Low | Syrup

### Desserts \*NSA= No Sugar Added (Contains Splenda®)

**Pureed Fruit:** Applesauce | Banana | Peaches | Pears

**Fruit Ice\*:** Cherry | Lemon | No Sugar Added Lemon | Orange

**Ice Cream (Regular or NSA)\*:** Chocolate | Vanilla

**Pudding (Regular or NSA):** Chocolate | Vanilla

# IDDSI Level 3: Liquidized

## Breakfast - Available 7am to 10am

### Sides

**Fruit:** Applesauce | Banana | Peaches | Pears

**Cereal:** Cream of Rice, Cream of Wheat

**Yogurt:** Plain | Vanilla

## Lunch and Dinner- Available 11am to 7pm

### Entrees (served with or without gravy)

Pureed Chicken Francaise

Pureed Beef

Pureed Chicken

Pureed Turkey

### Soups & Sides

**Soup:** LS Tomato Soup | Beef Broth | Chicken Broth | Vegetable Broth

**Sides:** Carrots | Green Beans | Homemade Mashed Potatoes |  
Mashed Sweet Potatoes