Breakfast

BEVERAGES
Coffee: Regular | Decaffeinated
Tea: Regular | Decaffeinated | Chamomile | Fresh-Brewed Unsweetened Iced Tea
Hot Chocolate: Regular | No Sugar Added
Milk: Whole | Skim | Lactaid | Vanilla Soy Milk | Low-Fat Chocolate Milk
Juice: Orange | Apple | Tomato | Cranberry | Prune | V8
Soda: Ginger Ale | Diet Ginger Ale | Seltzer

CONDIMENTS
Butter | Smart Balance | Grape Jelly | Strawberry Jam | Ketchup | Diet Jelly | Cream Cheese | BBQ Sauce | Salt | Pepper
Honey Mustard | Lite Cream Cheese | Peanut Butter | Coffee Creamers | Sugar | Splenda | Equal | Sweet & Low | Syrup
Diet Syrup | Honey Lemon Juice | Herb Seasoning | Salsa | Sour Cream | Mustard | Mayonnaise | Light Mayonnaise

MAIN COURSE (please choose 1)

PREPACKAGED HALAL BREAKFAST ENTREE
Omelet with Pancakes (*Contains cream cheese)

PREPACKAGED KOSHER BREAKFAST ENTREE
Texas-Style French Toast with Maple Syrup
Egg Omelet Served with Diced Home-Fried Potatoes

PREPARED IN-HOUSE (Prepared on the same grill as non-halal items)
Pancakes: Buttermilk | Blueberry | Banana
French Toast: Plain | Blueberry | Banana
Egg Omelet: Egg or Egg Whites
Choice of 4 Toppings: Red Onions | Broccoli | Spinach | Peppers | Mushrooms | American Cheese or Swiss Cheese
Hard Boiled Eggs (2)

EGG SANDWICH
Choice of: Kaiser Roll | Whole Wheat Kaiser Roll
Choice of Cheese: American Cheese | Swiss Cheese

SIDE ITEM (Please choose 4)
FRUIT: Whole Fruit: Banana | Orange | Apple
Chilled Fruit: Peaches | Pears | Applesauce | Mandarin Oranges | Fruit Salad | Seasonal Melon | Grapes
Orange Mango Applesauce

YOGURT: Regular: Vanilla | Plain | Strawberry* (Contains Kosher gelatin)
Lite* (All Contain Kosher gelatin): Vanilla | Strawberry | Peach | Blueberry

CEREAL: Hot: Oatmeal | Cinnamon Oatmeal | Cream of Wheat
Cold: Corn Flakes | Crispy Rice | Cheerios | Raisin Bran | Rice Chex

BREAKFAST BAKERY: (Please Choose 1)
Bagel: Lender’s Plain Bagel
Muffins: Blueberry | Corn | Bran | Low Fat Blueberry
Bagels: Plain | Sesame | Everything | Whole Wheat
Rolls: Kaiser Roll | Whole Wheat Kaiser Roll

ADDITIONAL SIDES: Home Fries | Hard-Boiled Egg | 1/2 Portion Scrambled Eggs

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET:
Halal (حلال)

Asalamulikum, welcome to Stony Brook University Hospital. Although our kitchen is not Halal certified, we offer Halal pre-packaged entrees purchased from Midamar. The company is located in Cedar Rapids, IA. Currently the only Zabiba halal item we carry from them is beef. The halal poultry entrees are not halal. We also carry Kosher pre-packaged entrees and a variety of vegetarian/vegan items. The Kosher pre-packaged entrees are from Spring Valley, based in Goshen, NY. The house-made vegetarian/vegan items may be prepared on cooking equipment which is used to prepare the non-halal/meat items. Your nurse can direct you to the Hospital’s Chaplin service. During the month of Ramadhan, dates may be available, upon request.

To place your order, please choose:

One (1) Main Course
Up to Five (5) Sides
Three (3) Beverages

1. Dial 8-3463 (8-DINE), or (631) 638-3463 from your cell phone, between the hours of 7am and 7pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specifically prepared meal will be served to you 60-90 minutes of your request.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for your diet. If you are on a special or restricted diet, our Room Service Associate would be happy to assist you with your meal selection. For your safety, we will accept your menu selections after your physician has entered your diet order.

Enjoy Seamless Dining at Your Fingertips!

To get started:
1. Scan the QR code, download, and install the app.
2. Create your account and log in, entering the Facility ID (sbuah11794), the patient’s Billing ID (or Encounter #), and Date of Birth
3. Enter your Facility ID (sbuah11794)
4. Our self-ordering Patient app may not be suitable for your diet order or unit. Please call our Call Center to speak with a representative who can guide you through your available selections.

NAME/ROOM #:______________________________
MAIN COURSE: HALAL MEAL PACKS
PRE-PACKAGED FROZEN HALAL MEALS THAT ARE HEATED IN OUR MICROWAVE

Tandoori Chicken with Rice: Halal Chicken Thighs, Basmati Rice & Lentils with Tandoori Spice Blend
Biryani Chicken with Rice: Halal Chicken Thighs, Basmati Rice & Lentils with Biryani Spice Blend
Lubiah Stew with Beef* & Rice: Halal Ground Beef, Basmati Rice, Tomatoes, Green Beans, Garbanzo Beans, Onions and Spices

*Zabiha halal

KOSHER MEAL PACKS
The following entrees are pre-packaged frozen kosher items that are heated in our microwave.

Roasted Chicken: served with Roasted Potatoes & Green Beans
Yankee-Style Pot Roast: served with Bowtie Noodles, Green Beans & Sliced Carrots
Roasted Turkey: served with Sweet Potatoes & Green Peas
Salisbury Steak: served with Creamy Mashed Potatoes, Green Peas & Carrots
Baked Fish with Lemon: served with Rice Pilaf & Green Beans
Vegetable-Stuffed Pepper: served with penne pasta, green beans & carrots
Tuna (Individual portion)

The following entrees are made in house and do not contain any chicken, beef, or pork.

Baked Salmon Filet: Served with Garlic & Lemon
Baked White Fish Filet: Served with Garlic & Lemon
Black Bean Burger (contains egg & milk products)
Hamburger Bun | Whole Wheat Burger Bun
Grilled Cheese Sandwich
Choice of Bread: Seedless Rye | Whole Wheat | White
Choice of Toppings: Lettuce | Tomato | Sautéed Mushrooms | Sautéed Onions | American Cheese or Swiss Cheese
Cheese Quesadillas: Black Bean or Plain Cheese
Macaroni & Cheese: elbows served in a Creamy Cheese Sauce
Panini: Fresh Mozzarella, Basil, & Tomato
Fajitas: Shrimp | Tofu

PIZZA Individual Personal Cheese with:
Choice of Toppings: Peppers | Mushrooms | Red Onions | Black Olives | Broccoli

PASTA BAR
Choice of Pasta: Penne | Linguini | Gluten-Free Red Lentil Pasta
Choice of Sauce: Vodka Sauce* | Butter | Marinara | Garlic, Extra Virgin Olive Oil & White Wine
Choice of Toppings: Mixed Vegetables | Mushrooms | Tofu
*Does not contain vodka. Cooking wine, alcohol is cooked off. Items are cooked on the same grill as non-Halal items

COLD ENTREE
'SHAKE IT UP' SALAD STATION
(All of our salads are made in house with fresh produce.)

Choice of Lettuce: Romaine Lettuce | Spinach | Seasonal Field Greens
Protein(1): Tuna Salad | Baked Shrimp | Chilled Salmon | Tofu
Choice of (up to 4) Toppings: Sliced Red Onions | Walnuts | Cherry Tomatoes | Bell Peppers
Croutons | Black Olives | Cucumbers | Dried Cranberries | Chickpeas | Mushrooms | Sunflower Seeds

DELI SPECIALS
Classic Tuna Sandwich
Choice of Bread: White | Whole Wheat | Kaiser Roll | Seeded Rye | Tortilla Wrap
Choice of Toppings: Lettuce | Tomato | American Cheese or Swiss Cheese

COLD PLATES
Fresh Fruit Plate with Vanilla (Regular or Lite) or Plain Yogurt
Cottage Cheese and Fresh Seasonal Fruit Plate
Crudités & Hummus Platter: Fresh Garden Vegetables (Cucumbers, Cherry Tomatoes, Celery & Carrots) Served with Creamy Hummus Dip

SOUPS, SIDES & DESSERTS

SOUPS
Campbell's Cream of Tomato Soup | Lentil Soup | Pasta Fagioli | Low-Sodium Tomato Basil Soup
Broth: Vegetable

SIDES
Baked Steak Fries | Baked Potato | Mashed Potatoes | Mashed Sweet Potatoes | Baby Carrots | Broccoli
Green Beans | Cuban Style Black Beans | Corn | Steamed White Rice | Brown Rice | Stuffing
Mac & Cheese | Penne with Marinara Sauce | Penne (Plain) Dinner Roll | Vegetable Sticks
Cucumber Slices | Hummus & Carrots | Spanish Slaw | Macaroni Salad | Potato Salad | Cottage Cheese Peanut Butter & Crackers

DESSERTS
Bakery (Please choose 1)
Lemon Pound Cake | Angel Food Cake | Brownie | Cheese Cake | Chocolate Angel Food Cake
Peach Pear Cobbler | Low-Fat Chocolate Mousse

Fruit: Banana | Apple | Orange | Peaches | Pears | Applesauce | Orange Mango Applesauce
Mandarin Oranges | Fruit Salad | Grapes | Seasonal Melon

Cookies: Chocolate Chip | Oatmeal Raisin | Lorna Doone | Fig Newton | Graham Crackers
Ice Cream: Vanilla | Chocolate | No Sugar Added Vanilla or Chocolate
Fruit Ice: Cherry | Orange | Lemon | No Sugar Added Lemon

DIET: Halal