How to Place an Order

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.

2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.

3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

DIET: Halal (لللال )

Asalamulikum, welcome to Stony Brook University Hospital. Although our kitchen is not Halal certified, we offer Halal pre-packaged entrees purchased from Midamar. The company is located in Cedar Rapids, IA. Currently the only Zabiha halal item we carry from them is beef. The halal poultry entrees are not zabiha halal. We also carry Kosher pre-packaged entrees and a variety of vegetarian/vegan items. The Kosher pre-packaged entrees are from Spring Valley, based in Goshen, NY. The house-made vegetarian/vegan items may be prepared on cooking equipment which is used to prepare the non-halal/meat items. Your nurse can direct you to the Hospital's Chaplin service during the month of Ramadhan, dates may be available, upon request.

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

BEVERAGES

Coffee: Regular - Decaffeinated
Tea: Regular - Decaffeinated - Chamomile
Fresh-Brewed Iced Tea
Hot Chocolate: Regular - Sugar-free
Milk: Whole - Skim - Lactaid - Vanilla Soy
Low-Fat Chocolate
Soda: Ginger-Ale - Diet Ginger-Ale - Seltzer
Juice: Orange - Apple - Prune - Cranberry - V8 - Grape

CONDIMENTS

Butter | Smart Balance | Grape Jelly | Strawberry Jam
Diet Jelly | Cream Cheese | Lite Cream Cheese | Peanut Butter | Ketchup | Salt | Pepper | Coffee Creamers | Sugar Splenda | Equal | Sweet & Low | Syrup | Diet Syrup | Honey Lemon Juice | Herb Seasoning | Salsa | Sour Cream | Mustard | Mayonnaise | Light Mayonnaise | BBQ Sauce | Honey Mustard

Breakfast Ends Daily at 10:00 AM
Limited Items are available all day long: Hard Boiled Eggs, Omelets,

We Need Your Feedback!

If you receive a patient satisfaction survey in the mail, please fill it out and return it. Your opinion counts!

Please call 8-3463 (8-DINE) to place your meal order 6/23

To place your order, please choose:
One (1) Main Course
Four (4) Sides (Breakfast)
Four (4) or Five (5) Sides (Lunch & Dinner)
Three (3) Beverages

BREAKFAST BAKERY (Please choose 1)

Bagel: Lender’s Plain Bagel
Bread: Kosher White
Muffins: Blueberry | Corn | Bran | Low Fat Blueberry
Mini-Bagels: Plain | Sesame | Everything | Whole Wheat
Rolls: Kaiser Roll | Whole Wheat Kaiser Roll

ADDITIONAL SIDES: Home Fries | Hard-Boiled Egg | 1/2 Portion Scrambled Eggs

Breakfast

MAIN COURSE
(Please choose 1)

PRE-PACKED HALAL BREAKFAST ENTRÉE
Omelet with Pancakes (*Contains cream cheese)

PRE-PACKAGED KOSHER BREAKFAST ENTRÉES:
Texas-Style French Toast with Maple Syrup
Egg Omelet served with Diced Home-fried Potatoes

PREPARED IN HOUSE
(Prepared on the same grill as non-halal items)
Pancakes: Buttermilk | Blueberry | Banana
French Toast: Plain | Blueberry | Banana
Egg Omelet: Egg or Egg Whites
Choice of 4 Toppings: Red Onions - Broccoli - Spinach Peppers - Mushrooms - American Cheese or Swiss Cheese
Hard Boiled Eggs (2)

EGG SANDWICH:

Bread: Kaiser Roll | Whole Wheat Kaiser Roll
Choice of Cheese: American or Swiss

SIDE ITEMS
(Please choose 4)

FRUIT:
Whole Fruit: Banana | Orange | Apple
Chilled Fruit: Diced Peaches | Diced Pears | Applesauce
Mandarin Oranges | Fruit Salad | Seasonal Melon | Grapes

YOGURT:
Regular: Vanilla - Plain - Strawberry* (Contains Kosher gelatin)
Lite* (All Contain Kosher gelatin): Vanilla - Strawberry - Peach - Blueberry

CEREAL:
Hot: Oatmeal - Cinnamon Oatmeal - Cream of Wheat
Cold: Corn Flakes - Crispy Rice - Cheerios - Raisin Bran - Rice Chex

BREAKFAST BAKERY (Please choose 1)

Bagel: Lender’s Plain Bagel
Bread: Kosher White
Muffins: Blueberry | Corn | Bran | Low Fat Blueberry
Mini-Bagels: Plain | Sesame | Everything | Whole Wheat
Rolls: Kaiser Roll | Whole Wheat Kaiser Roll

ADDITIONAL SIDES: Home Fries | Hard-Boiled Egg | 1/2 Portion Scrambled Eggs
**HOT ENTREE:**

**Halal Meal Packs**
PRE-PACKAGED FROZEN HALAL MEALS THAT ARE HEATED IN OUR MICROWAVE

Tandoori Chicken with Rice: Halal Chicken Thighs, Basmati Rice & Lentils with Tandoori Spice Blend
Biryani Chicken with Rice: Halal Chicken Thighs, Basmati Rice & Lentils with Biryani Spice Blend
Lubiah Stew with Beef & Rice: Halal Ground Beef, Basmati Rice, Tomatoes, Green Beans, Garbanzo Beans, Onions and Spices
*Zabiha halal

**KOSHER MEAL PACK**

THE FOLLOWING ENTREES ARE PRE-PACKAGED FROZEN KOSHER ITEMS THAT ARE HEATED IN OUR MICROWAVE.

Roasted Chicken: served with Roasted Potatoes & Green Beans
Yankee-Style Pot Roast: served with Bowtie Noodles, Green Beans & Sliced Carrots
Roasted Turkey: served with Sweet Potatoes & Green Peas
Salisbury Steak: served with Creamy Mashed Potatoes, Green Peas & Carrots
Baked Fish with Lemon: served with Rice Pilaf & Green Beans
Vegetable-Stuffed Pepper: served with penne pasta, green beans & carrots
Tuna (Individual portion)

THE FOLLOWING ENTREES ARE MADE IN HOUSE AND DO NOT CONTAIN ANY CHICKEN, BEEF, OR PORK.

Baked Salmon Filet served in garlic & lemon sauce
Baked White Fish Filet served in garlic & lemon sauce
Black Bean Burger (contains egg & milk products)
Hamburger Bun | Whole Wheat Burger Bun
Grilled Cheese Sandwich
Choice of Bread: Seedless Rye | Whole Wheat | Kaiser Roll | Seedless Rye | Tortilla Wrap
Choice of Toppings:
Lettuce | Tomato | American Cheese or Swiss Cheese
Cheese Quesadillas: Black Bean or Plain Cheese
Macaroni & Cheese: elbows served in a Creamy Cheese Sauce
Panini: Fresh Mozzarella, Basil, & Tomato
Fajitas: Shrimp, Tofu

**PASTA BAR:**

Choice of Pasta: Penne - Linguini - Whole Wheat Pasta
Gluten Free Red Lentil Rotini
Choice of Sauce: Vodka Sauce* - Butter Sauce - Marinara Sauce
Garlic, Extra Virgin Olive Oil & White Wine
Choice of Topping: Mixed Vegetables - Mushrooms
*Does not contain vodka
Cooking wine, alcohol is cooked off

**PIZZA:**

Individual Personal Cheese Pizza
Choice of Toppings: Peppers - Mushrooms - Red Onions - Black Olives - Broccoli

**COLD ENTREE:**

**SHAKE IT UP’ SALAD STATION:**

ALL OF OUR SALADS ARE MADE IN HOUSE WITH FRESH PRODUCE.

Choice of Lettuce: Romaine Lettuce - Baby Spinach
Seasonal Baby Field Greens
Protein(1): Tuna Salad, Baked Shrimp, Grilled Salmon ψ, Tofu
Choice of (up to 5) Toppings: Sliced Red Onions - Walnuts - Cherry Tomatoes - Bell Peppers - Croutons - Black Olives - Dried Cranberries - Chickpeas - Mushrooms - Sunflower Seeds

**DELI SPECIALS:**

Classic Tuna Sandwich
Choice of Bread:
White | Whole Wheat | Kaiser Roll | Seedless Rye | Tortilla Wrap
Choice of Toppings:
Lettuce | Tomato | American Cheese or Swiss Cheese

**COLD PLATES:**

Cottage Cheese Plate: Cottage Cheese and Fresh Seasonal Fruit
Yogurt Plate: Seasonal Fruit served with Vanilla Yogurt (lite* or regular)
Crudités & Hummus Salad: Fresh Garden Vegetables (Cucumbers, Cherry Tomatoes, Celery & Carrots) Served with Creamy Hummus Dip

**SOUPS: Sides, Desserts**

(Maximum 5 items)

SOUPS:
Soup du Jour, served with crackers
Campbell’s Cream of Tomato Soup | Lentil Soup
Pasta Fagioli | Low-Sodium Tomato Basil Soup
Broth: Vegetable

SIDES:
Baked Steak Fries - Baked Potato - Mashed Potatoes
Mashed Sweet Potatoes - Baby Carrots - Broccoli
Green Beans - Cuban Style Black Beans - Corn
Steamed White Rice - Brown Rice - Stuffing - Mac & Cheese
Penne with Marinara Sauce - Plain Penne - Dinner Roll
Vegetable Sticks - Cucumber Slices - Hummus & Veggie Sticks
Spanish Slaw - Macaroni Salad - Potato Salad
Cottage Cheese - Peanut Butter & Crackers - Hummus & Carrot Sticks

DESSERTS:
(PLEASE CHOOSE 1)
Lemon Pound Cake - Angel Food Cake - Brownie
Cheese Cake - Chocolate Angel Food Cake
Peach Pear Cobbler - Low-Fat Chocolate Mousse
Chilled Fruit: Peaches - Pears - Applesauce
Mandarin Oranges - Fruit Salad - Grapes - Seasonal Melon
Cookies: Chocolate Chip - Oatmeal Raisin
Lorna Doone - Fig Newton's - Graham Crackers
Ice Cream: Vanilla - Chocolate - Sugar-Free Vanilla or Chocolate
Fruit Ice: Cherry - Orange - Lemon

**ψ** = Vegan

**Main Course:** (Please Choose 1)

**Room Number:** ____________________________________________ **Diet:** ___________________

Date:________ Name: __________________________________________

**Soups, Sides, Desserts**

**Date:**________ Name: __________________________________________

Room Number: __________________________________________

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