BREAKFAST

BEVERAGES

Coffee: Regular - Decaffeinated
Tea: Regular - Decaffeinated - Chamomile
   Fresh-Brewed Iced Tea
Hot Chocolate: Regular
Milk: Whole - Skim - Lactaid - Vanilla Soy
   Low-Fat Chocolate
Soda: Ginger-Ale - Diet Ginger-Ale - Seltzer
Juice: Orange - Apple - Prune - Cranberry - Tomato - Grape Juice

CONDIMENTS

Jelly - Butter - Cream Cheese - Peanut Butter

FRUIT

Banana - Orange - Apple - Applesauce

YOGURT

Regular: Vanilla - Strawberry
Lite: Vanilla - Strawberry - Peach

CEREAL

Hot: Oatmeal - Cinnamon Oatmeal - Cream of Wheat
Cold: Corn Flakes - Crispy Rice - Cheerios - Raisin Bran - Rice Chex

MAIN COURSE (Please choose 1)

Pre-Packed Halal Breakfast Entrée:
Omelet with Pancakes (*contains cream cheese)

Egg Omelet: Egg or Egg Whites
Choice of 4 Toppings: Red Onions - Broccoli - Spinach - Peppers
   Mushrooms - American Cheese or Swiss Cheese
Hard Boiled Eggs (2)

Pre-Packaged Kosher Breakfast Entrees:
Texas-Style French Toast with Maple Syrup
Egg Omelet served with Diced Home-fried Potatoes

BREAKFAST BAKERY

Bagel: Lender's Plain Bagel
Bread: Kosher White

*Breakfast Ends Daily at 10:00AM*
Limited Items are available all day long.
Scrambled Eggs, Omelets, Hard-Boiled Eggs, Cereal and Bagels

Dial 8-3463 (8-DINE) from 7 am to 7 pm to place order
LUNCH & DINNER

**Halal Meal Packs**

PRE-PACKAGED FROZEN HALAL MEALS THAT ARE HEATED IN OUR MICROWAVE

**Tandoori Chicken with Rice:** Halal Chicken Thighs, Basmati Rice & Lentils with Tandoori Spice Blend

**Biryani Chicken with Rice:** Halal Chicken Thighs, Basmati Rice & Lentils with Biryani Spice Blend

**Lubiah Stew with Beef & Rice:** Halal Ground Beef, Basmati Rice, Tomatoes, Green Beans, Garbanzo Beans, Onions and Spices

**KOSHER MEAL PACK**

THE FOLLOWING ENTREES ARE PRE-PACKAGED FROZEN KOSHER ITEMS THAT ARE HEATED IN THE MICROWAVE.

**Roasted Chicken:** served with Roasted Potatoes & Green Beans

**Yankee-Style Pot Roast:** served with Bowtie Noodles, Green Beans & Sliced Carrots

**Roasted Turkey:** served with Sweet Potatoes & Green Peas

**Salisbury Steak:** served with Creamy Mashed Potatoes, Green Peas & Carrots

**Baked Fish with Lemon:** served with Rice Pilaf & Green Beans

**Vegetable-Stuffed Pepper:** served with penne pasta, green beans & carrots

**Tuna:** (Individual Can)

THE FOLLOWING ENTREES ARE MADE IN HOUSE AND DO NOT CONTAIN ANY CHICKEN, BEEF, OR PORK.

**Broiled Flounder:** Dressed with Breadcrumbs, Garlic, Lemon & Herbs

**Baked Salmon**

**Cheese Quesadillas:** Black Bean or Plain Cheese

**Macaroni & Cheese:** Served in a Creamy Cheese Sauce

**Panini:** Fresh Mozzarella, Basil, & Tomato

**Choice of Soup:** Campbell’s Tomato Soup - Lentil Soup - Vegetable Broth

**PASTA BAR**

**Choice of Pasta:** Penne - Linguini - Whole Wheat Pasta

**Choice of Sauce:** Vodka Sauce - Butter Sauce - Marinara

Garlic, Extra Virgin Olive Oil & White Wine

**Choice of Topping:** Mixed Vegetables - Mushrooms

**PIZZA**

**Individual Personal Cheese Pizza**

**Choice of Toppings:** Plain - Peppers - Mushrooms - Red Onions - Black Olives - Broccoli

**Shake It Up’ Salad Station**

(All of our salads are made in house with fresh produce.)

**Choice of Lettuce:** Romaine Lettuce - Baby Field Greens - Spinach

**Choice of (up to 5) Toppings:** Sliced Red Onions - Cherry Tomatoes - Bell Peppers - Croutons - Walnuts - Black Olives - Cucumbers - Dried Cranberries - Chickpeas - Mushrooms - Sunflower Seeds

**COLD PLATES**

**Cottage Cheese Plate:** Cottage Cheese and Fresh Seasonal Fruit

**Yogurt Plate:** Seasonal Fruit served with Vanilla Yogurt (Light or Regular)

**Crudites & Hummus Salad:** Fresh Garden Vegetables (Cucumbers, Cherry Tomatoes, Celery & Carrots) Served with Creamy Hummus Dip
SIDES & DESSERTS

SIDES

Baked Steak Fries - Baked Potato - Mashed Potatoes
Mashed Sweet Potatoes - Baby Carrots - Broccoli - Green Beans
Cuban Style Black Beans - Corn - Steamed White Rice
Brown Rice - Stuffing - Mac & Cheese - Penne with Marinara Sauce
Plain Penne - Dinner Roll - Vegetable Sticks - Cucumber Slices
Hummus & Veggie Sticks - Spanish Slaw - Macaroni Salad
Potato Salad - Cottage Cheese - Peanut Butter & Crackers

DESSERTS

Lemon Pound Cake - Angel Food Cake - Brownie - Cheese Cake
Chocolate Angel Food Cake - Peach Pear Cobbler
Low-Fat Chocolate Mousse

Chilled Fruit: Peaches - Pears - Applesauce - Mandarin Oranges
Fruit Salad - Grapes - Seasonal Melon

Cookies: Chocolate Chip - Oatmeal Raisin - Lorna Doone
Fig Newtons - Graham Crackers

Ice Cream: Vanilla - Chocolate - Sugar-Free Vanilla

Fruit Ice: Cherry - Orange - Lemon

Dial 8-3463 (8-DINE) from 7 am to 7 pm to place order
**How to Place an Order**

1. **Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.**

2. **Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.**

3. **Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.**

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

**SPECIAL / RESTRICTED DIETS**

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

*For your safety, we will accept your menu selections only after your physician has entered your diet order.*

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**DIET:**

**Halal**

Although our kitchen is not Halal certified, we offer a variety of items that are vegetarian as well as a variety of items that are Kosher. We hope that these items will meet your needs.

Our menu provides a variety of pre-packaged Kosher entrées from Spring Valley, based in Goshen, NY. If you have any questions regarding our Kosher services, please contact your nurse who can direct you to the Hospital’s Chaplain and Rabbi of Young Israel of Huntington: (631) 275-2936.

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Room Number: __________________________  Date: __________

Name: ________________________________________________________________

Diet: ________________________________________________________________