



GI Motility Department

Ambulatory Care Pavilion- Level 2
Address: 3 Edmund D. Pellegrino Road, Stony Brook NY
Our phone number is: 631-444-1759

Preparation for H. Pylori Breath Test: Post Treatment

1. 4 weeks before the test:

- Stop all PPI (Prevacid, Prilosec, Nexium, Dexilant)
- Stop all Bismuth Compounds (Pepto-Bismol/Tritec)
- Stop all antibiotics

❖ You may take Zantac, Pepcid, Tagamet and Acid up to 48 hours before the test.

2. 1 hour before the test:

Nothing to eat or drink

3. On the DAY OF TEST:

Stop at Patient Registration on Level 2 prior to proceeding to the GI Motility center.

❖ **Please bring your prescription order form with you.**

4. Prepare to spend about 30 minutes in the Motility Center.

The solution you drink is Pranactin-Citric, containing Phenylalanine (one of the protein components of Aspartame).

➤ **If you have an allergy to Aspartame, you cannot have this test.**