



Stony Brook
Medicine

GI Motility Department:

Ambulatory Care Pavilion- Level 2

Address: 3 Edmund D. Pellegrino Road, Stony Brook NY

Our phone number is: 631-444-1759

Preparation for Esophageal Manometry

1. At least 24 Hours BEFORE the procedure:

- ❖ **STOP** the following medications (if you are taking them for your stomach and esophageal problems):
 - Nitrates (Nitroglycerin, Nitropatches, pastes, Isosorbide Dinitrate)
 - Calcium channel-blocking agents (Nifedipine, Verapamil, Diltiazem)
 - Anticholinergics (Propantheline)
 - Promotility agents (Metoclopramide, Benanechol)
 - Muscle relaxants (Diazepam, Tizanidine, ect.)
 - Narcotics (Opiates)
 - Anti-Anxiety medications (Diazepam, Xanax, Ativan, etc.)
- ❖ **You may continue to take your heart medication.**

2. SIX (6) HOURS BEFORE: DO NOT eat or drink anything.

3. DAY OF TEST:

- ❖ Stop at Patient Registration in the ACP building on Level 2 before proceeding to the GI Motility Center.
- ❖ If you have a prescription order form, please bring it with you.

4. Please be prepared to spend about 1.5 hour in the Motility Center.

5. You do not need anyone to accompany you to this appointment.