	Heart Healthy Employee Meal	Sto	ny Brook	Medicin	e
	Monday	Tuesday	Wednesday	Thursday	∕ Friday
	1/17	1/18	1/19	1/20	1/21
Entré e	Southern Fried Chicken	Chicken Bruschetta	Pepper Steak	Chicken Parmesan	Carved Turkey
Heart Healthy Entrée	Lemon Sole	Garlic Crusted Cod	Parmesean Pesto Baked Haddock	Salmon Scampi	Oven Fried Pangasius
Employee Meal	** Penne Alla Vodka(V)	₩ Vegetable Lasagna(V)	Stuffed Shells (V)	** Vegan Jamabalya(V)	₩ Baked Ziti (V)
Starch	Seasoned Rice	Toasted Orzo	White Rice	Linguine	Stuffing
Starch Starch	Mashed Potatoes	Sweet Mashed Potatoes	Mashed Potatoes	Roasted Potatoes	Mashed Potatoes
Vegetable	Capri Blend Vegetables	Chef Blend Vegetable	Italian Blend	Roasted Broccoli	Mixed Vegetables
Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese
Soup	Tuscan Vegetable Soup	Cheddar & Broccoli Soup	Roasted Red Pepper & Smoked Gouda Soup	Seafood Gumbo	Chicken Noodle