



<div>  <div>Heart Healthy Employee Meal</div>  <div>Stony Brook Medicine</div> </div>					
Monday		Tuesday		Wednesday	
1/17		1/18		1/19	
Thursday		Friday		1/20	
1/21					
Entrée	Southern Fried Chicken		Chicken Bruschetta		Pepper Steak
Heart Healthy Entrée	Lemon Sole		Garlic Crusted Cod		Parmesean Pesto Baked Haddock
Employee Meal	Penne Alla Vodka(V)		Vegetable Lasagna(V)		Stuffed Shells (V)
Starch	Seasoned Rice		Toasted Orzo		White Rice
Starch	Mashed Potatoes		Sweet Mashed Potatoes		Mashed Potatoes
Vegetable	Capri Blend Vegetables		Chef Blend Vegetable		Italian Blend
Mac & Cheese	Mac & Cheese		Mac & Cheese		Mac & Cheese
Soup	Tuscan Vegetable Soup		Cheddar & Broccoli Soup		Roasted Red Pepper & Smoked Gouda Soup
					Seafood Gumbo
					Chicken Noodle