



Stony Brook Medicine

GF Gluten Friendly

DF Dairy Free



Heart Healthy

Monday

Tuesday

Wednesday

Thursday

Friday

4/20/2026

4/21/2026

4/22/2026

4/23/2026

4/24/2026

Grilled Pork Chop	Coconut Honey Mustard Chicken	Mandarin Beef	Chicken Parmesan	Apricot Glazed Chicken
Crusted Cod	Shrimp Scampi over Gemelli Pasta	Lemon Pepper Tilapia	Blackened Catfish	Grilled Mango Salsa Salmon
Egg Strata w/ Spinach & Mushrooms (V)	Vegetable Ravioli (V)	Tortellini Alfredo (V)	Quinoa Stuffed Peppers(V)	Mediterranean Chickpea Bake (V)
Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken

Rice Pilaf GF DF	Seasoned Rice GF	Basmati Rice GF	Linguine	White Rice GF DF
Potato Medley GF	Roasted Red Potatoes GF	Yukon Gold Mashed Potatoes GF	Roasted Herb Fingerling Potatoes GF	Mashed Potatoes GF
Garlic Green Beans GF	Roasted Broccoli GF	Cauliflower GF	Brussel Sprouts GF	Carrots GF
Italian Blend Vegetables GF	Five Way Mixed Vegetables GF	Capri Blend Vegetables GF	Chef Blend Vegetables GF	Malibu Blend Vegetables GF
Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese

Red Curry Chicken	Beef Barley	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Manhattan Clam Chowder
Tomato Basil (V)	Cream of Potato(V)	Hearty Vegetable (V)	Chicken Florentine	Cream of Spinach (V)

Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches
Meatless Monday Eggplant Parmesan	Vietnamese Chopped Salad	Chicken Wings	Nachos Cantina	Baked Potato Bar
Quesadilla Deluxe	Supreme Burrito Bowl Verde	Blackened Salmon Sandwich w/ Gazpacho Soup	Roast Pork Banh Mi	Mediterranean Protein Bowl

Please let your server know about allergies before ordering

Menu subject to Change