

Cycle 4	Heart Healthy	Stony Brook Medicine			
	Monday 6/17	Tuesday 6/18	Wednesday 6/19	Thursday 6/20	Friday 6/21
Entrée	Southern Fried Chicken	Chicken Cordon Bleu	Pot Roast	Chicken Kiev	Chicken Tikka Masala
Heart Healthy Entrée	Caribbean Shrimp and Rice	Tortilla Tilapia	Salmon w/ Mango Salsa	Potato Crusted Cod	Tilapia Oreganata
	No Gluten Added *contains pork*				
Employee Meal	Employee Meal	Employee Meal	Employee Meal	Employee Meal	Employee Meal
	Baked Ziti (V)	Penne Alla Vodka (V)	Vegetable Frittata (V)	Spinach Ravioli (V)	Eggplant Rollatini (V)
Starch	White Rice	Seasond Rice	Rice Pilaf	Three Onion Rice	Basmati Rice
	No Gluten Added			No Gluten Added	No Gluten Added
Starch	Mashed Potatoes	Roasted Red Potatoes	Fingerling Potatoes	Yukon Gold Mashed Potatoes	Garlic Mashed Potatoes
	No Gluten Added	No Gluten Added	No Gluten Added & Dairy Free	No Gluten Added	No Gluten Free
Vegetable	Bermuda Blend Vegetables	5 Way Blend Mixed Vegetables	Chef Blend Vegetables	California Blend Vegetables	Capri Blend Vegetables
	No Gluten Added	No Gluten Added	No Gluten Added	No Gluten Added	No Gluten Added
Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese
Soup	Lentil (V)	Chicken Noodle	Broccoli Cheddar (V)	Roasted Red Pepper & Smoked Gouda (V)	New England Clam Chowder
	No Gluten Added & Dairy Free	Dairy Free	No Gluten Added		
Hot Summer Salad	Strawberry Blueberry Balsamic Chicken Salad	Strawberry Blueberry Balsamic Chicken Salad	Strawberry Blueberry Balsamic Chicken Salad	Strawberry Blueberry Balsamic Chicken Salad	Strawberry Blueberry Balsamic Chicken Salad
Chef Table	Omelet Station	Taco Tuesday	Thai Chili Rice Bowl	Quesadilla	Stir Fry Station

Please let your server know if you have an allergy before ordering

Menu Subject to Change