



|                      | Monday                                                                                              | Tuesday                                                                                            | Wednesday                                                                                               | Thursday                                                                                                    | Friday                                                                                                |
|----------------------|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
|                      | 10/2                                                                                                | 10/3                                                                                               | 10/4                                                                                                    | 10/5                                                                                                        | 10/6                                                                                                  |
| Entrée               | Buffalo Chicken Meatballs                                                                           | Chicken Parmesan                                                                                   | Creamy Chicken Lemon Orzo                                                                               | Korean Beef BBQ                                                                                             | Beef Stew                                                                                             |
| Heart Healthy Entrée |  Shrimp Oreganata  |  Baked Tilapia    |  Salmon Scampi         |  Grilled Chicken Marsala |  Lemon Dill Salmon |
| Employee Meal        |  Lasagna Rolls (V) |  Chana Masala (V) |  Eggplant Rollatini(V) |  Stuffed Shells          |  Penne Alla Vodka  |
| Starch               | Seasoned Rice                                                                                       | Linguine                                                                                           | White Rice                                                                                              | Fried Rice                                                                                                  | Basmati Rice                                                                                          |
| Starch               | Mashed Potatoes                                                                                     | Yukon Gold Mashed Potatoes                                                                         | Scalloped Potatoes                                                                                      | Roasted Potatoes                                                                                            | Egg Noodles                                                                                           |
| Vegetable            | Corn                                                                                                | Glazed Carrots                                                                                     | Roasted Broccoli                                                                                        | Buffalo Cauliflower                                                                                         | Sugar Snap Peas                                                                                       |
| Vegetable            | Green Beans                                                                                         | Californian Blend Vegetables                                                                       | Mixed Vegetables                                                                                        | Vegetable Combo                                                                                             | Chef Blend Vegetables                                                                                 |
| Mac & Cheese         | Mac & Cheese                                                                                        | Mac & Cheese                                                                                       | Mac & Cheese                                                                                            | Mac & Cheese                                                                                                | Mac & Cheese                                                                                          |
| Soup                 | Lentil Soup(V)                                                                                      | Beef Barley                                                                                        | Roasted Red Pepper & Gouda (V)                                                                          | Chicken Noodle                                                                                              | White Bean & Escarole                                                                                 |
| Soup                 | Beef Vegetable                                                                                      | Minestrone (V)                                                                                     | Chicken Ditalini                                                                                        | Cream of Spinach (V)                                                                                        | New England Clam Chowder                                                                              |
| Chef Table           | Wings Bar                                                                                           | Fish Tacos                                                                                         | Pernil w/Sazon Rice                                                                                     | Peppercorn Crusted Shell Steak and Fall Vegetable Hash                                                      | Herb Marinated Shrimp with Parmesean Rissoto                                                          |