



Stony Brook Medicine

GF Gluten Friendly

DF Dairy Free



Heart Healthy

Monday

Tuesday

Wednesday

Thursday

Friday

1/26/2026

1/27/2026

1/28/2026

1/29/2026

1/30/2026

Beef Brisket	Coconut Honey Mustard Chicken	BBQ Beef	Chicken Coq-Au-Vin	Beef Stir Fry
Crusted Cod	Shrimp Scampi	Grilled Mango Salsa Salmon	Blackened Catfish	Seafood Devonshire
Tortellini Alfredo (V)	Spinach Ravioli (V)	Stuffed Shells (V)	Penne Alla Vodka (V)	Mediterranean Chickpea Bake (V)
Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken

Seasoned Rice GF DF	Fried Rice GF	Basmati Rice GF	Egg Noodles	White Rice GF DF
Potato Medley GF	Roasted Red Potatoes GF	Baked Beans	Roasted Herb Fingerling Potatoes GF	Mashed Potatoes GF
Garlic Green Beans GF	Roasted Broccoli GF	Cauliflower GF	Brussel Sprouts GF	Broccoli Rabe GF
Italian Blend Vegetables GF	Five Way Mixed Vegetables GF	Capri Blend Vegetables GF	Chef Blend Vegetables GF	Malibu Blend Vegetables GF
Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese

Red Curry Chicken	Beef Barley	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Manhattan Clam Chowder
Hearty Vegetable (V)	Broccoli Cheddar (V)	Cream of Potato (V)	Chicken Florentine	Cream of Spinach (V)

Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches
Chicken Wings	Steakhouse Wedge Salad	Nachos Cantina	Popcorn Chicken Bowl	Baked Potato Bar
Omelet Station	Supreme Burrito Verde	Mediterranean Lemon Chicken Bowl	Steak Chimichurri Quesadilla	Sourdough Avocado BLT

Please let your server know about allergies before ordering

Menu subject to Change