









<div>  <div>Heart Healthy</div> <div>  <div>Stony Brook Medicine</div> </div> <div>  </div> </div>					
	Monday 3/11	Tuesday 3/12	Wednesday 3/13	Thursday 3/14	Friday 3/15
Entrée	Swedish Meatballs	Crusted Pork Loin <small>No Gluten Added & Dairy Free</small>	Chicken Pot Pie	Chicken Mozzarella	Arroz Con Pollo <small>No Gluten Added</small>
Heart Healthy Entrée	 Shrimp Scampi over Linguine	 Tilapia Tortilla <small>Dairy free</small>	 Grilled Salmon w/ Mango Salsa <small>No Gluten Added & Dairy Free</small>	 Cod Provencal <small>No Gluten Added</small>	 Garlic Ginger Salmon <small>No Gluten Added & Dairy Free</small>
Employee Meal	<small>Employee Meal</small> Baked Ziti (V)	<small>Employee Meal</small> Quinoa Stuffed Pepper (V) <small>No Gluten Added & Dairy Free</small>	<small>Employee Meal</small> Penne Alla Vodka (V)	<small>Employee Meal</small> Pasta Primavera(V)	<small>Employee Meal</small> Cheese Ravioli (V)
Starch	Egg Noodles	Rice Pilaf <small>No Gluten Added & Dairy Free</small>	Toasted Orzo	Three Onion Rice <small>No Gluten Added</small>	Basmati Rice <small>No Gluten Added</small>
Starch	Mashed Potatoes <small>No Gluten Added</small>	Scalloped Potatoes	Roasted Red Bliss Potatoes <small>No Gluten Added & Dairy Free</small>	Mashed Potatoes <small>No Gluten Added</small>	Herb Fingerling Potatoes <small>No Gluten Free</small>
Vegetable	Corn <small>No Gluten Added</small>	Spinach <small>No Gluten Added</small>	Seasoned Cauliflower <small>No Gluten Added & Dairy Free</small>	Roasted Broccoli <small>No Gluten Added & Dairy Free</small>	Glazed Carrots <small>No Gluten Added</small>
Vegetable	Mixed Vegetables <small>No Gluten Added</small>	5 Way Blend Mixed Vegetables <small>No Gluten Added</small>	Chef Blend Vegetables <small>No Gluten Added</small>	California Blend Vegetables <small>No Gluten Added</small>	Capri Blend Vegetables <small>No Gluten Added</small>
Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese
Soup	Chicken Noodle <small>Dairy Free</small>	Beef Noodle <small>Dairy Free</small>	Chicken Tortilla	Chicken Ditalini <small>Dairy Free</small>	Manhattan Clam Chowder <small>Dairy Free</small>
Soup	Hearty Vegetable (V) <small>No Gluten Added & Dairy Free</small>	Cream of Mushroom (V)	Cream of Spinach (V)	Roasted Red Pepper & Smoked Gouda (V)	Cream of Corn (V)
Chef Table	Philly Cheesesteaks	Taco Tuesday	Chicken Tangine	Chicken Caprese Salad <small>No Gluten Added</small>	Shrimp Baja Taco

Please let your server know if you have an allergy before ordering

Menu Subject to Change