



Stony Brook **Medicine**

Monday 1/19/2026	Tuesday 1/20/2026	Wednesday 1/21/2026	Thursday 1/22/2026	Friday 1/23/2026
 Chicken Cacciatore	 Korean BBQ Beef	 Lemon Chicken Orzo	 Chicken Apple Brie	 Chicken Milanese
Arroz Con Camarones	Seafood Gumbo	Stuffed Flounder	Islip Cod	Lemon Dill Salmon
Stuffed Shells (V)	Chana Masala (V)	Rasta Pasta (V)	Baked Ziti (V)	Penne Ala Vodka (V)
Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken
GF Gluten Friendly		DF Dairy Free		 Heart Healthy
White Rice	Basmati Rice	Seasoned Rice	Israeli Cous Cous	Egg Noodles
Cornbread Stuffing	Roasted Potatoes	Yukon Gold Mashed Potatoes	Mashed Potatoes	Roasted Potatoes
Garlic Green Beans	Broccoli	Roasted Parsnips	Brussel Sprouts	Cauliflower Au Gratin
Malibu Blend Vegetables GF DF	Italian Blend Vegetables GF DF	Capri Blend Vegetables GF DF	Chef Blend Vegetables GF DF	Five Way Blend Vegetables GF DF
Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese
Chicken & Rice	Texas Chili	Roasted Red Pepper & Smoked Gouda (V)	Chicken Noodle	Beef Barley
Tomato Basil (V)	Cream of Broccoli (V)	Chicken Florentine	Black Bean (V)	Minestrone(V)
Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches
Meatless Mondays Seatin Teriyaki Stir Fry	Steakhouse Wedge Salad	Sloppy Joe Bar	Wings	Baked Potato Bar
Quesadilla Deluxe	Taco Tuesday Build Your Own Bowl	Smokehouse BBQ	Porchetta Station	Mac & Cheese Bar

Please let your server know about allergies before ordering

Menu subject to Change