



	Monday	Tuesday	Wednesday	Thursday	Friday
	9/19/22	9/20/22	9/21/22	9/22/22	9/23/22
Entrée	Lemon Chicken Orzo	Chicken Carbonara <i>*contains pork*</i>	Pork Loin	Chicken Marsala	Chicken Picatta
Entrée	Tortellini Alfredo (V)	Five Alarm Beef Chili	Chicken Stir Fry	Linguine w/ Clam Sauce	Pot Roast
Heart Healthy Entrée	Garlic Parmesan Flounder	Salmon Mango Salsa	Potato Crusted Cod	Baked Tilapia	Mediterranean Salmon
Employee Meal	Pierogis (V)	Eggplant Rollatini (V)	Vegeteable Lo Mein(V)	Spinach Quiche (v)	Penne Alla Vodka (V)
Starch	White Rice	Toasted Orzo	Seasoned Rice	Basmati Rice	Spanish Rice
Starch	Mashed Potatoes	Roasted Red Potatoes	Stuffing	Scalloped Potatoes	Mashed Potatoes
Vegetable	Corn Succotash	Buffalo Cauliflower	Green Beans	Five Way Vegetable Blend	Mixed Blend Vegetables
Vegetable	Carrots	Capri Blend Vegetables	Italian Blend Vegetables	Brussel Sprouts	Spinach & Mushrooms
Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese
Soup	Chicken Barley	Beef Noodle	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Italian Wedding Soup <i>*contains pork*</i>
Soup	Vegetable Soup (V)	Cream of Broccoli (V)	Cream of Asparagus (V)	Chicken Ditalini	New England Clam Chowder
			Nutrition Wednesdays @ The Chef's Table		
Chef Table	Burger Bar w/ Kettle Chips	Taco Salad Bowl	Caprese Salad w/ Flank Steak	Chicken Wings	Reuben Sandwiches