



Heart Healthy
Employee Meal



Stony Brook Medicine



Monday

Tuesday

Wednesday

Thursday

Friday


5/29/2023

5/30/2023

5/31/2023

6/1/2023

6/2/2023

Entrée	BBQ Chicken	Chicken Bruschetta	Orange Chicken	Beef Stroganoff	Chicken Cordon Bleu
Entrée	Beef Chili	Fresh Pollock	Fresh Salmon	Fresh Hake	Miso Crusted Salmon
Employee Meal	Penne Alla Vodka(V)	Stuffed Shells (V)	Vegetarian Lo Mein(V)	Eggplant Rollatini (V)	Tortellini Pesto (V)
Starch	White Rice	Toasted Orzo	Fried Rice	Egg Noodles	Seasoned Rice
Starch	Mashed Potatoes	Roasted Red Potatoes	Mashed Potatoes	Creamy Orzo	Mashed Potatoes
Vegetable	Carrots	Brussel Sprouts	Corn	Green Beans	Garlic Broccoli
Vegetable	California Blend Vegetables	Normandy Blend Vegetables	Stir Fry Blend Vegetables	Five Way Blend Vegetables	Chef Blend Vegetables
Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese
Soup	Chicken Barley	Beef Noodle	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Minestrone (V)
Soup		Cream of Broccoli (V)	Lentil (V)	Chicken Ditalini	New England Clam Chowder
Chef Table	Quesadilla	Taco Tuesday	Grilled Chicken Caprese Salad	Philly Cheesesteak	Burger Bar

Please let your server know if you have an allergy before ordering

Menu Subject to Change