

Heart Healthy GF- Gluten Friendly

(V) Vegetarian

DF- No Dairy Added

Monday	Tuesday	Wednesday	Thursday	Friday	
8/18/2025	8/19/2025	8/20/2025	8/21/2025	8/22/2025	
Beef Al Fresco	Chicken Bruschetta	Chicken Francese	Chicken Mozzarella	Jamaican Beef Patties	
Shrimp Scampi	Grilled Salmon	Stuffed Flounder	Crusted Cod	Tuscan Salmon GF	
Employee Meal	Employee Meal	Employee Meal	Employee Meal	Employee Meal	
Pierogis (V)	Penne Alla Vodka (V)	Grilled Portobello Broccoli Rabe Orecchiette (V)	Pasta Alfredo (V)	Spinach Ravioli (V)	
Rotisserie Chicken	Rotisserie Chicken		Rotisserie Chicken	Rotisserie Chicken	
		<u>Side Items</u>			
Seasoned Rice GF	Rice Pilaf GF	White Rice GF	Toasted Orzo	Rice & Beans	
Mashed Potatoes GF	Roasted Potatoes GF, DF	Herb Roasted Fingerling Potatoes GF,DF	Mashed Potatoes GF	Potatoes Au Gratin	
Carrots GF	Broccoli GF	Roasted Cauliflower GF	Spinach GF	Green Beans GF	
Bermuda Blend Vegetables GF,DF	Five Way Mixed Vegetables GF,DF	Chef Blend Vegetables GF,DF	Malibu Blend Vegetables GF,DF	Capri Blend Vegetables GF,DF	
Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	
		Soups of the Day			
Chicken Ditalini	Beef Noodle	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	New England Clam Chowder	
Tomato Basil (V)	Cream of Broccoli (V)	Minestrone (V)	Cream of Chicken	Lentil Vegetable (V)	
		Specialty Station			
Wings Station	Strawberry Jalapeño Salad	Nacho Cantina	Stony Brook Cobb Salad	Baked Potato Bar	
		<u>Deli Station</u>			
Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	
		<u>Chef Table</u>			
Philly Cheesesteak	Taco Tuesday	Blackened Chicken Caesar Salad	Chicken Fajitas w/ Spanish Rice	Crabby Patty Sandwich w/ Cole Slaw	