

Heart Healthy

GF- Gluten Friendly

(V) Vegetarian

DF- No Dairy Added

Mono 7/14/2			ednesday /16/2025	Thursday 7/17/2025	Friday 7/18/2025	
Grilled T w/ Ler	urkey Ch	icken	ken Caprese	Chicken Mozzarella	Jamaican Beef Patties	
Shrimp S	campi Grilled	l Salmon	Stuffed Flounder	Crusted Cod	Tuscan Salmon GF	
Employee	Meal Emplo	oyee Meal Er	mployee Meal Grilled	Employee Meal	Employee Meal	
Pierogi	s (V)	(V) Bro	ortobello occoli Rabe occhiette (V)	Grilled Chicken Broccoli Farfalle	Spinach Ravioli w/ Brown Butter & Sage (V)	
Rotisserie	Chicken Rotisser	ie Chicken Rotis	serie Chicken	Rotisserie Chicken	Rotisserie Chicken	
			<u>Side Items</u>			
Seasoned	Rice GF Rice	Pilaf GF To	oasted Orzo	White Rice GF	Rice & Beans	
Mashed Pot	atoes GF	1 Potatoes	erb Roasted erling Potatoes I GF,DF	Mashed Potatoes GF	Potatoes Au Gratin	
Carrots	s GF Spaghe	tti Squash Roast	ed Cauliflower GF	Roasted Brussel Sprouts GF	Spinach GF	
Bermuda Vegetable		•	Chef Blend etables GF,DF	Malibu Blend Vegetables GF,DF	Capri Blend Vegetables GF,DF	
Macaroni 8	& Cheese Macaro			Macaroni & Cheese	Macaroni & Cheese	
Chicken D	Ditalini Beef		o <u>ups of the Day</u> icken Noodle	Roasted Red Pepper & Smoked Gouda (V)	New England Clam Chowder	
Tomato B	asil (V) Cream of	Broccoli (V) Past	ta E Fagioli (V)	Cream of Chicken	Lentil Vegetable (V)	
Wings St	ration	wherry	cho Cantina	Sloppy Joe Bar	Baked Potato Bar * Contains Pork *	
Deli Sand	wiches Deli Sa		<u>Deli Station</u> Sandwiches	Deli Sandwiches	Deli Sandwiches	
Grilled C Ba	Taco		Chef Table lackened cken Caesar Salad	Chicken Fajitas w/ Spanish Rice	Crabby Patty Sandwich w/ Cole Slaw	